

Letter from the Managing Editor

Dear Longhorn Families,

This is The Daily Texan, the University's entirely student-produced newspaper. As the paper of record for UT and the surrounding community, our dedicated team of reporters, editors, photographers and designers cover the news impacting students — from tuition and academics to football games and interviews with bands playing in Austin.

Published five days a week in the fall and spring, the Texan offers opportunities at the beginning of each semester for any student of any major to apply and join our staff. Working at the Texan is a great opportunity to get hands-on experience, work published and invaluable feedback from peers and advisors. And with a staff of more than 100 students, we aspire to replicate the writing and production cycle of professional newspapers and their websites — our work has been recognized nationally by the Associated Press and the Society of Professional Journalists.

This Orientation Edition of the Texan, produced by our special editions office, is a carefully curated collection of the kind of stories you can expect to read in the Texan along with helpful tips and guides on how to get the most out of your UT experience.

Sincerely,
Aleksander Chan,
The Daily Texan Managing Editor

WELCOME to the Forty Acres



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What I wish I'd known freshman year

By Lauren Daly & Alex Vickery
Texas Student Media Staff

Coming to UT for the first time can be intimidating, liberating, confusing and exciting all at the same time. We were in that position less than a year ago when we arrived as Longhorn freshmen. So, we've compiled some things that we wish *WE* knew when stepping foot onto the Forty Acres for the first time.

LAUREN DALY

1) That I'd actually get less sleep NOW than ever. And there really isn't anything wrong with that. If you're still getting eight to 10 hours of sleep by the time you hit May, you did the year completely wrong. At this point of your life, you are freer than you will probably ever be. You're not tied down to a serious job, a spouse or kids. So why sleep? Go explore the campus, the city. Because the memories

that you look back on won't be when you got a full night's rest.

2) That I can't study in college the way I did in high school. By the fourth week of classes, I discovered how pathetically wrong I was about studying as my grades plummeted. In high school, it was easy to blow off assignments and just do simple note memorizing the night before the test. But now it's completely different. Your professors don't believe in late work or excuses. You either go to class and study every night or sleep in late and fail the semester. Though the reality is harsh, it's best to know now at the beginning before you let yourself get overwhelmed.

3) That going out isn't a distraction, but rather a necessity. I was a wreck my first semester; I was losing hair from stress, missing home, and losing my confidence. At first I blamed the size of the campus and not having friendly class-

mates, but then I realized that in actuality, it was all in my own perception of college life, which was horribly faltered. Yes, grades and studying are important while you're here at UT, but being social and trying new things is just as important. If you lock yourself up in your depressing, cell-like dorm room all day and night wallowing in the glow of your computer screen and a tub of Nutella, you are only keeping yourself from experiences that will change your life.

ALEX VICKERY

1) That the phrase "college is what you make of it" couldn't be truer. College is not high school: No one is judging you for joining a certain group or hanging out with certain people. College is about finding out what you like and where you belong, and the good thing about UT being enormous is that you will find a place where

FRESHMEN continues on PAGE 2

INSIDE THIS EDITION:

PAGE 4 Get some advice on how to tackle the beast that is registering for classes.

PAGE 8 Bringing a bicycle with you? Read these safety tips and campus rules first.

PAGES 12-13 Navigate your way around the Forty Acres (and learn some fun facts!) with this handy map.

PAGE 15 Start practicing your UT pride and school spirit now with these top 10 campus traditions.

PAGE 18 Find out just how to obtain (and pay for) tickets to Longhorn sporting events — yes, including football.

PAGE 23 Read about Texas Student Media units and how to get involved.



Texas Student Media file photo

UT's Main Building stands as a beacon the Forty Acres. This spring, the Tower celebrated the 75th anniversary of its original commencement ceremony.

University Tower celebrates 75 years

By David Maly
Daily Texan Staff

Run date: Feb. 28, 2012

For the first time since its construction 75 years ago, the UT Tower shone bright orange Monday night in honor of itself.

UT community members celebrated the Tower's birthday Monday to honor the 75th anniversary of its original commencement ceremony. The Tower is an iconic UT landmark and, at 27 stories, by far the tallest building on campus. Events to commemorate the occasion included an architectural exhibit, a historical tour of the Tower and the distribution of 800 pieces of birthday cake in the West Mall area.

Texas Exes, UT's official alumni group, funded the event. Matt Portillo, music and rhetoric and writing senior and the co-chair of the Texas Exes Spirit and Tradition Council, said the event was a great way to celebrate something that everyone at UT has experience with.

"Everybody loves the Tower," he said. "It's fun when we have the opportunity to celebrate something we all like."

Jim Nicar, director of the Texas UT Heritage Society, the historical association for the University, said the Tower has a long history of serving the campus and the greater community.

"It was originally built, in part, from \$1.5 million in governmental funding approved through the Works Progress Administration, an organization created under the New Deal," he

said. "The building of the Tower put many to work during a time of national difficulty and led to the creation of a large new library at UT."

Today the Tower serves as home to various core administrative offices, libraries, classrooms and the bells that sound across campus quarter hourly. It is a landmark for visitors to UT and the Austin area. It is also used to commemorate the victories and triumphs of the University community, from national athletic championships to graduation ceremonies, said Tower building manager, Twiggy Aguilera.

The original architect for the Tower, Paul Cret, intended the Tower to represent what the University stands for, Nicar said.

"He purposely put the Tower on top of the hill and made it much higher than any other building on campus," he said. "Cret wanted the Tower to be what people thought of when they thought about UT."

Spanish junior Andrew Conger said the Tower serves the University on two useful levels.

"Not only is it something that makes it really easy to navigate campus, but it symbolizes UT," he said. "It's just a shining beacon of awesomeness."

The original vision of the Tower coming to represent the University has come to fruition, said advertising senior Erica Flores.

"When you think of UT, you think of the Tower," she said. "It is a symbol of campus tradition, unity and everything that makes UT great."



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UT System Board of Regents declines tuition proposal

By Liz Farmer
Daily Texan Staff
Run date: May 4, 2012

In an unprecedented decision, the UT System Board of Regents declined part of the University's recommendation to increase tuition at a meeting Thursday, but did not do so for any other UT System institution. The regents froze tuition for in-state undergraduates for the next two academic years and raised tuition for all other students.

This concluded the second day of one of the six regular meetings that occur each year and is the latest the regents have set tuition since 2004. The regents approved a 2.1 percent increase for out-of-state undergraduates, instead of the proposed 2.6 percent increase, for the next two academic years. The regents approved a 3.6 percent increase for graduate students that followed President William Powers' recommendation, but only for one year. In the plan, the University will still receive funds that the proposed 2.6 percent increase for in-state undergraduates would have generated. Regents Chairman Eugene Powell said the

gap will be made up with funds from the Available University Fund, the investment income from West Texas oil lands that are managed by the UT System.

The University is the only UT institution that can use the AUF funds in this way, according to UT System Board of Regents press release. The endowment will provide an additional \$6.6 million for each of the next two academic years. Powell said the University should not count on the funds for more than two years because they may not be available at that point.

The regents did not follow Powers' recommendation to increase in-state undergraduate tuition by 2.6 percent each year for the next two academic years, and both out-of-state students and graduate students would have faced a 3.6 percent tuition increase each year for the next two academic years. The email Powers sent out yesterday inaccurately referenced the recommendations Powers proposed for out-of-state undergraduates in December.

Powers said the AUF funds will help to some degree, but it is not a recurring source of revenue like the revenue generated by tuition. He said recurring

revenue is necessary to establish and maintain programs that the UT System desires.

"Every penny of it is needed and would be put towards student success," Powers said. "I am disappointed that our very thoughtful proposal was not adopted. It was very carefully worked out in consultation with students."

Powell commended programs aligned with UT System Chancellor Francisco Cigarroa's Framework for Excellence Action Plan that debuted Aug. 25, 2011, which aims to increase productivity and efficiency. However, he said the tuition rates that were approved will provide a bridge between implementing the programs and the cost savings that the programs will eventually produce.

"This has not been an easy process, but we want to continue our responsibility to have the finest institutions in America," Powell said.

Powell said setting tuition rates is a delicate balancing act and a tremendous number of compromises were weighed and balanced in order to maintain tier-one research status and control affordability.



Rebecca Howeth | Daily Texan Staff
UT System Board of Regents member Alex M. Cranberg and Executive Vice Chancellor for Business Affairs Scott C. Kelley applaud during the meeting on May 3.

Financial woes turned wishful

It's no doubt that college is getting more expensive. And with the economy still not where it should be, both parents and students are forced to watch their wallets. What many people don't realize, however, is that there are several resources on campus that can help you manage your loans, find extra money for tuition and even give you a little boost if you're running low on cash.

The Office of Student Financial

Services (OSFS) at UT is your key to getting through college comfortably, but still on a budget. They even teach a course entitled Bevonomics, a series of short workshops offered throughout the semester to help students learn how to develop healthy spending habits and manage any debt.

However, the first step to cutting costs in college is making sure you've received the most out of the federal grants and loans available to you. Even

if you don't think you'll get much and although the priority deadline has already passed, it is still important for every student to fill out and submit a FAFSA application. The form can be found online at fafsa.ed.gov.

When OSFS receives the FAFSA they will then send a notification to students regarding their eligibility for any financial aid. Oftentimes this includes small federal subsidized or unsubsidized loans.

While almost all student loans (public and private) are required to be paid back with interest, govern-

mental loans often have smaller interest rates and can save you money long-term. The FAFSA also helps determine whether or not a student is eligible for need-based Pell grants or a work-study job. Work-study jobs can pay anywhere from minimum wage to \$12 per hour, and are typically more flexible with working around students' class schedules.

If even after you've received your financial aid package from OSFS you could still use some extra cash for room, board and books, consider applying for a few scholarships or taking

up a part time job on or off campus. Texas Scholarships (texasscholarships.org) and Hire a Longhorn (hirealonghorn.org) are two of the most popular resources for this. Scholarships specific to UT students are also available through many departments and Texas Exes.

For emergency financial situations, the University's Student Accounts Receivable Office offers a short, one-month loan up to \$500 for any student enrolled in at least 6 hours. While this service isn't designed for continued use, it is a great option

for any student in a financial bind. 30- and 90-day tuition loans are also available, interest free.

Of course, if there are any questions about your loans or any other financial aid options available, counselors are available in the OSFS to meet with students. Their office is located on the third floor of the Student Services Building on Dean Keeton. For more information on hours and availability, please visit finaid.utexas.edu.

— Emily Morgan | Texas Student Media Staff

TRY OUT

FOR THE DAILY TEXAN THIS FALL

The Daily Texan will hire in all departments this fall. Watch for information and tryout dates online at dailytexanonline.com or in the newspaper on the first day of class.

Questions? E-mail us at managingeditor@dailytexanonline.com



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Attention to details necessary for successful registration

By Rainy Schermerhorn
Daily Texan Staff
Run date: April 19, 2012

Registration — the word alone is enough to induce a splitting headache in some students, along with the hassles, deadlines and frustratingly closed classes that come along with the process. Although modern technology has certainly removed some of these difficulties, at the end of every semester, students are still faced with the impending battle of getting into their desired classes.

Fortunately, registration doesn't necessarily have to be a cut-throat battle royale; with this survival guide for what is perhaps the most dreaded two weeks of the spring, this year's registration may end without tears and bloodshed.

One of the most frequently pondered questions amongst students is the order in which registration times are decided — when you have a friend of the same major or last name letter registering a week before you, the process can often come across as exasperatingly random.

"There is an alpha breakdown," said Nancy Sutherland, history and liberal arts advisor. "It is based on a simple, yet secret formula created by a registrar sometime in the last century."

While last name and class year are important factors, the Registrar's office rotates the order of the names so students whose last name begins with "A" don't always get to register first in their class.

Similarly, there are frequent misunderstandings when it comes to the specific required courses available for students. For example, unless you want to get certified to teach or you plan to transfer to another university, you can take any two different classes in the approved list of American history core courses — even upper-division ones, according to Sutherland.

The same goes for classes like GOV 312, in which many students feel tied down to taking a specific subject matter.

"Many students that I have advised do not know that the second required Government course, GOV 312L, has topics," said Linda Mayhew, advising coordinator for the Liberal Arts Honors and Humanities programs. "This gives you a chance to select a topic that really interests you."

However, sometimes class availability can get a bit trickier. Many students tend to believe that professors have the final say in regards to their class roster and that students can always get their permission to add a class that's either full or restricted.

"Actually, departments can override faculty preferences," said Jackie Dana, sociology undergraduate advisor. "We often have to tell students 'No' even after they get a written note because we use the waitlist system and check prerequisites."

In terms of general advice, advisors suggest keeping an eye on your prerequisites and taking advantage of waitlists. Although being last on a long waitlist may appear to be a depressing prospect, with the large number of people who change classes during the add/drop period, it's not the end of the world, especially for a larger lecture class. However, it also helps to have a backup class just in case.

"It's also important to realize that sometimes required classes really do max out and advisors don't always have the authority to add additional students," Dana said. "We don't intentionally keep people from graduating."

And while it may seem a bit obvious, many students aren't aware of the extended course descriptions available on some departments' websites.

While the Registrar provides a general overview of what a class entails, course descriptions on the pages of individual departments often offer a more insightful look at what specific classes have to offer.

For example, the English department lists the required readings for the semester alongside a breakdown of professor's individual grading, and the journalism department allows access to past and present undergradu-



Holly Hansel | Daily Texan Staff

ate course syllabi.

"If you can't get into a class you need or just really, really want, be sure to ask an advisor for assistance," Dana said. "But don't make demands."

For Sutherland, the number one tip to being prepared for registration is to talk to your advisers ... except during actual registration days. She also advises awareness of the catalog for your major, as each catalog has very different degree requirements, flags and CORE approved courses.

"Advisors are here year-round. Make

a plan of action to graduate — even if you change your mind a little," Sutherland said. "You can still go to advising during registration, but it will just be to touch base or to check on secrets advisors might know, so you won't be as stressed."

University department helps 'Horns stay healthy

University Health Services is one of the most important and useful resources UT offers. From simple check-ups to stress-management workshops, the UHS provides a number of services from which every new student can benefit. A few of them are highlighted below, but we encourage you to visit the UHS website for more information: healthyhorns.utexas.edu.

Counseling and Mental Health Center

Because a student's first year (and entire college career) can be a stressful and challenging time, the Counseling and Mental Health Center is one of the most useful and important resources for students. In addition to individual counseling and psychiatric services, the CMHC offers important assistance with student concerns such as stress, relationships, depression, grief and loss, self-esteem and suicide. The majority of CMHC services are free to students.

Center for Students in Recovery

The CSR is one of the most unique programs in UHS and is designed for students who identify themselves as recovering addicts or as children of addicts. Students must apply to the CSR, which offers guidance, a relationship-building community of other recovering students as well as a solid monitoring and support system.

Health Promotion Research Center (nutrition services)

The stress of a student's freshman year often comes with the need to address healthy eating habits. The nutrition services provided by the HPRC include nutrition classes and consultations with a registered dietician regarding weight management, an eating disorder or a diet-related medical condition. The HPRC also offers peer-to-peer nutrition counseling for basic nutrition questions and advice for students seeking information about vegetarian/vegan eating, high cholesterol and non-diet weight management.

Women's Health Clinic

The Women's Health Clinic provides routine annual exams (by appointment), contraception advice and prescriptions, testing for sexually transmitted infections and HIV, pregnancy testing, care for menstrual concerns and other gynecological advice and consultation.

UHS also provides physical therapy, radiology, resources for healthy sexuality, an on-site pharmacy and a library of health-related books. With so many resources, all incoming students should check out UHS, especially during their first year at UT.

24/7 Nurse Advice Hotline

Since UHS does not operate 24 hours a day, it does offer a 24/7 hotline for students to call seeking advice on how to treat illnesses at home and whether it's necessary to see a physician.

General Medical Care

Got a cold? Stomach ache? Need to get a shot? For general medical needs and services, UHS offers care and diagnoses of minor injuries, upper respiratory infections, allergies and those everyday illnesses we all face. Additionally, you can schedule general care appointments for physical exams, immunizations and chronic disease management, such as asthma and diabetes.

Urgent Care Clinic

While the Urgent Care Clinic is not a 24-hour, fully equipped emergency room, it does offer care for non-life-threatening conditions that need immediate attention. Conditions treated in urgent care include (but are not limited to) wounds that require stitches, allergic reactions, broken bones and eye injuries.

The Daily Texan
Attn: Joan

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- Thursday, June 21
- Thursday, June 28
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Texas Football Town Hall Meeting

Wednesday, August 29 at 6:15 p.m.
Darrell K Royal-Texas Memorial Stadium



Lawrence Peart | Daily Texan Staff

Jan Ramesh, a junior in bio chemistry and finance, receives a message from Jeff Timmons during the Wellness Fest outside the FAC last September. Wellness Fest brings representatives from University and Austin-area groups together in order to promote student well-being.

12 hours with UT President William Powers

By Liz Farmer
Daily Texan Staff
Run date: April 16, 2012

From meeting with big Texas characters to enjoying delicate appetizers, President William Powers Jr. worked from sunrise to sunset Friday, and The Daily Texan went along for the ride.

Meetings, speeches and receptions filled the day and left few moments for meals and recharging. Today is what I'd call the ceremonial side of my job, Powers said.

7:20 a.m.
On the Main Mall, Powers presented the Air Force ROTC the President's Cup, an athletic competition between the ROTC branches that he started five years ago. The Air Force ROTC presented Powers with a T-shirt that he put on over his button-up dress shirt. Students teased that his untucked shirt was not within ROTC regulations. Powers said he tries not to pick sides, but he's a Navy guy.

8:15 a.m.
Powers caught up with emails, read The Daily Texan and conversed with colleagues about issues such as the recent tobacco ban on campus. Powers is a cigar smoker and said, "At this very moment, I'm missing them."

8:30 a.m.
The University Budget met for several hours to discuss a variety of issues, including how the UT System Board of Regents delay in setting tuition will affect preparation of the budget.

10:30 a.m.
Former Student Government Vice President Ashley Baker met with Powers for a private discussion. "I'll have days where students come in for advice," Powers said it's easy for him to understand and sympathize with students, as he has five kids of his own.

11:45 a.m.
Powers rushed over to the dedication of the Student Activity Center in honor of Margaret Berry, beloved alumna and retired University administrator. As he had trouble finding the ceremony in time for his speech, he joked, "It will be the Margaret Berry Auditorium when I say it!"

12:20 p.m.
Director of Development Lee Bash looked over at Powers as he hurried away



President William Powers Jr. walks to the Margaret Berry atrium ceremony at the Student Activities Center. The Daily Texan spent a Friday in April shadowing President Powers as he tended to his day-to-day activities.

from the stage to talk to someone. "He does that. Ninety seconds to go, and he's like 'I've got something to do over here,'" Bash said.

12:35 p.m.
Powers introduced Berry after she was introduced by Mayor Lee Leffingwell, Rep. Lloyd Doggett and two alumni who were greatly influenced by her work. "It's quite impossible to measure the impact of someone like Dr. Berry," Powers said. "At the end of the day, we're left with the greatest superlative of all — love." While talking about the opportunities she'd tried to create for students to keep them plugged into college, Berry said, "Don't ever count one out. Give them another chance. Sometimes you have to do a little pushing."

1:10 p.m.
A participant at the reception yelled "Dr. Powers — picture!" to which he responded with a smile and a chance for the snapshot. While speaking to UT System

Regent Alex Cranberg, Powers said he thought Berry "was nervous, but when she got up and looked out and it wasn't a crowd, it was people she knew," she felt more comfortable. Powers said he grabs coffee from the SAC some mornings and it's nice to see students sitting on the inside steps, studying.

1:48 p.m.
Two University administrators met with Powers in preparation for this week's meeting of the Association of American Universities. They discussed improving college readiness and expanding the on-line courses offered from UT and other universities. Powers said online courses can provide enrichment opportunities for students.

2:30 p.m.
Powers met privately with Ajay Nair, Senior Associate Vice Provost for Student Affairs at the University of Pennsylvania. Nair is one of four candidates chosen as a finalist for vice president for Student Affairs.

4:30 p.m.
In the president's library, about 20 people gathered with wine in hand as the ExxonMobil Foundation presented the University with more than \$1.1 million. Business Dean Thomas Gilligan walked onto the wraparound porch that has sweeping views of the Capitol, the stadium and IH-35, close to where the UT baseball team would play the Oklahoma State Cowboys that evening. "Are you going to the baseball game tonight?" Gilligan asked. "I've actually got two dinners," Powers said. The booming sound test for Forty Acres Fest crashed into the peaceful setting.

5 p.m.
With a diminishing voice, Powers formally thanked the Exxon representatives for the donation and Exxon's continued partnership with the University through research, UTeach and career services.

5:54 p.m.
Joe Alba, Coordinator for Office of the

President, navigates traffic to get to the Four Seasons Hotel for the 100th Anniversary Celebration of the Chancellors, the UT Law School's top honor society. Powers needed to get back to the tower for a speech at 6:30 p.m., but explained that he's making an appearance for his friend, UT Law professor David Anderson.

Powers hopped out of the car and made his way into the reception toward Anderson to talk for a few minutes before it was back out to the car. However, his exit was a continuous parade of 'hellos' and handshakes. Former Houston Mayor Bill White stopped Powers and told his entourage, "This guy and I practiced law together way back when."

6:27 p.m.
Back in the car, Alba maneuvered the car into Inner Campus Drive within a few minutes. Powers read over his notes for his next speech.

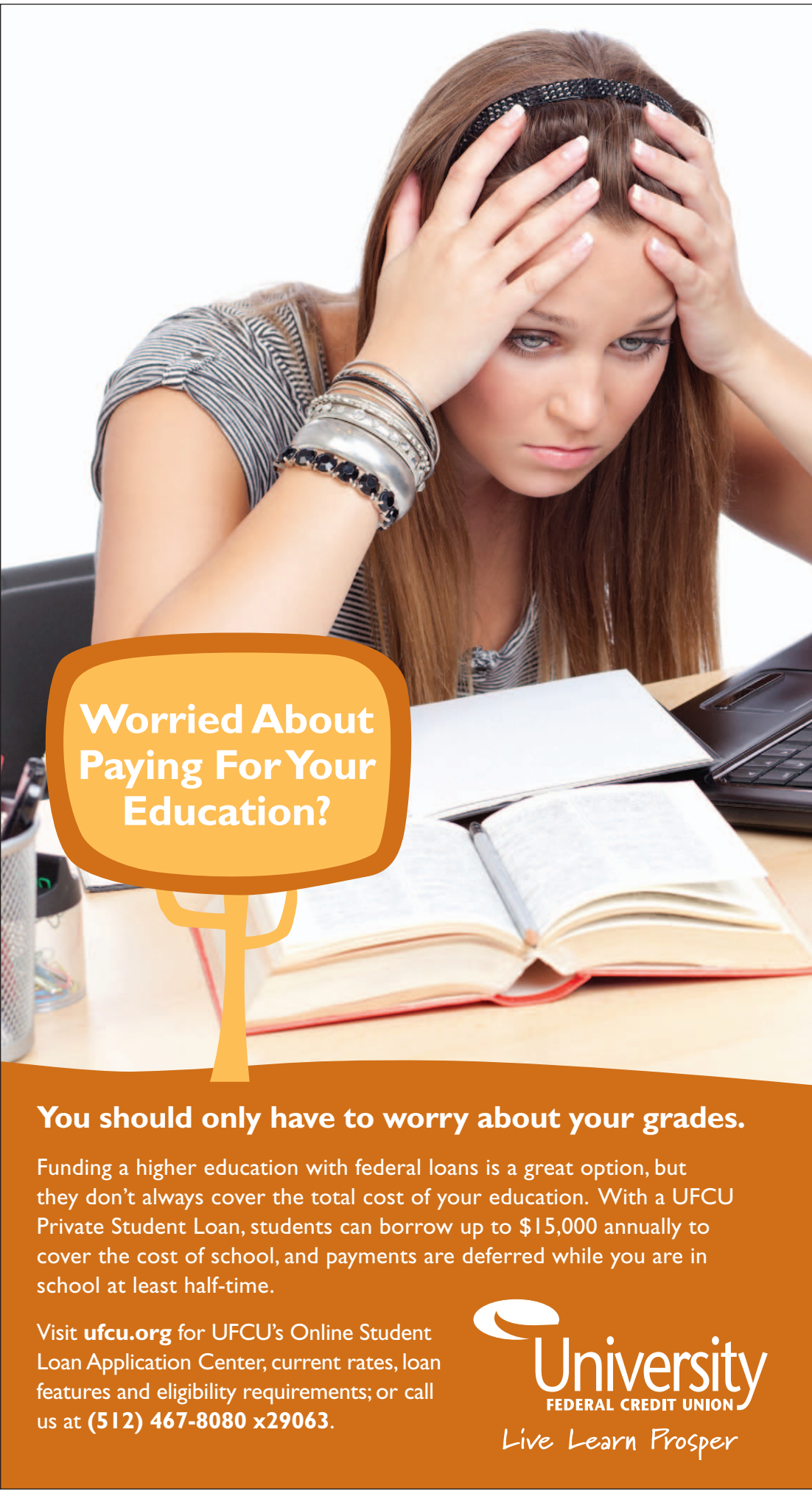
6:40 p.m.
Council members of the Teresa Lozano Long Institute of Latin American Studies seated themselves in Main 212, the meeting room which had been transformed into a dinner setting with covered tables, flower centerpieces and glistening place settings. Members include UT alumni Teresa Lozano Long and Joe Long, donors to the institute and the Long Center for the Performing Arts.

Powers took to the podium, glanced through his reading glasses at his notes, and said "I know I'm between you and dinner, so I'll try to be brief." He said he's traveled to Brazil about 17 times, more than any other country, and said Latin American studies is important across campus.

"It offers us countless opportunities," Powers said as he took off his glasses. "It's a big area and we're just scratching the surface. We are, as a university, on the doorstep of Latin America. We ought to take advantage of it."

In the morning, Powers said some days are consumed with meetings and other days revolve around talking to potential students, which he said is among his favorite type of day "because they're so excited." However, Powers said another type of day makes the top of his list.

"This may sound odd," Powers said. "But I like days when I'm actually solving issues."




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Texas ranks No. 7 in list of healthiest colleges

By **Sylvia Butanda**
Daily Texan Staff
Run date: April 13, 2012

Health programs, services and healthy dining hall food options contributed to UT's number seven place among the Top 25 healthiest colleges in the nation. Greatist.com, a health and wellness blog, recently ranked the 25 healthiest colleges by taking student surveys from College Prowler and The Princeton Review, as well as nominations from readers. UCLA ranked number one. Susan Hochman, interim assistant director for University Health Services, said the University offers a large number of high-quality, accessible resources to keep students healthy.

"University Health Services, which provides medical services, health promotion, a Center for Students in Recovery and other public health leadership was recently ranked by the Princeton Review as the fourth best student health services in the country and consistently receives high remarks for patient satisfaction," Hochman said. The seventh place ranking was mainly due to the efforts of the Wellness Network, a partnership made up of students, faculty and staff who work together to create a healthy campus community. "The Wellness Network brings together advocates for health and wellness from across UT in order to share information, strategies and resources," Hochman said. "Through this collaboration, we aim to shape

the environment in which we learn, live, work and play to support overall health and healthy choices." Another contributing factor to the high rank was the Division of Housing and Food Services and their promotion of healthy dining options and their number of initiatives related to wellness, Hochman said. Applied Learning and Development senior Sammie Hanks, president of the Health Promotion Club, said students are fortunate to attend a school that provides a healthy atmosphere. "Being provided with these outlets promotes healthy living throughout our campus," Hanks said. "This ranking is very honorable and is a motivation to continue to promote health, not only throughout our

campus, but throughout the community as well." Scott Meyer, director of food service for DHFS, said the "Healthy Suggestions" food in the dining halls gives students healthy options for every meal. "We realize that many students dine with us as freshman and oftentimes miss the comfort foods of home and turn to food items such as hamburgers, french fries and macaroni and cheese," Meyer said. "We provide the comfort and indulgence food items mentioned, but also take strides to make students aware of the delicious, healthier alternatives that we offer such as our gluten free, vegan and vegetarian friendly dishes, quinoa and whole grain pasta and our local grass-fed beef."

10 Healthiest Schools in the U.S.

1. University of California, Los Angeles
2. Stanford University
3. University of North Dakota
4. Colby College
5. University of Georgia
6. Bowdoin College
7. University of Texas at Austin
8. St. Olaf College
9. United States Military Academy, West Point
10. James Madison University

according to *greatist.com*

University approves tobacco ban throughout campus

By **Jody Serrano**
Daily Texan Staff
Run date: April 12, 2012

After years of heated debate over the use of tobacco on campus, UT announced Wednesday it will prohibit the use of tobacco products on all University property effective this month. The UT Board of Regents approved the new tobacco policy on Monday, making UT the fourth institution under the UT System to implement a ban. University spokeswoman Adrienne Howarth-Moore said people will be able to use tobacco in the 15 temporary designated areas on campus during the first year of implementation but will be required to adhere to the policy by Feb. 28, 2013. The policy prohibits the use of tobacco products on University-owned sidewalks, parking areas, walkways, attached parking structures and buildings. Tobacco will only be allowed at the temporary designated tobacco areas, and for educational or clinical purposes, fine arts productions, sponsored research and off-campus graduate housing facilities. The University's previous policy only prohibited smoking within buildings and required people to smoke 20 feet away building entrances. Howarth-Moore said sidewalks adjacent to UT property, such as the sidewalks on Guadalupe Street, will not be

included in the ban. The ban will also exclude sidewalks and property on Guadalupe Street, Dean Keeton Street, Red River Street and Martin Luther King Jr Boulevard. She said the University will be removing ashtrays surrounding campus buildings in the next couple of months, launching an educational campaign and putting up signs to inform the UT community about the new policy. She said at this time there are no plans to implement a financial penalty if people violate the ban and repeat violations will be directed to the appropriate student, faculty and staff liaisons. Howarth-Moore said the UT administration understands the challenges this new policy places on people who are current tobacco users, but hopes people will see this change as an opportunity to quit and take advantage of tobacco cessation resources on campus. "If people choose not to take advantage of the tobacco resources we are providing, we hope that this gives them time to adjust their work schedule and start to think about how they will implement this policy in their work or school day," Howarth-Moore said. "This is the right direction for the University." UT first announced plans on Feb. 9 to possibly change its tobacco policy after the Cancer Prevention and Research Institute of Texas announced new rules requiring all institu-

DESIGNATED TOBACCO AREAS

Note: Signs will be placed at these temporary designated tobacco use areas within the next few weeks. The areas will only be in effect until Feb. 28, 2013.

1. Bridgeway/Witchita Street
2. Kinsolving/Whitis Avenue
3. Littlefield Dorm Cafe
4. Batts Hall/Inner Campus Drive
5. Harry Ransom Center/21st Street
6. Sanchez Building/Perry-Castaneda Library
7. Jester Dorm/Spanish Oaks Terrence
8. Roberts Hall/Prather Hall
9. Service Building/Waller Creek
10. Winship/West Stadium
11. Texas Swimming Center/San Jacinto Blvd.
12. Music Recital Hall/Trinity Street
13. LBJ Fountain/East Stadium
14. Sid Richardson Hall/Thompson Conference Center
15. Facilities Complex

tions receiving cancer research funds to become tobacco-free by Aug. 31. If the University did not comply with the new

rules, it would not be eligible to receive future funding from the institute. The institute provides approximately \$31

million for more than 20 professors working on cancer research. UT plans to apply for \$88 million later this year. In a February campus-wide email, University officials stated they planned to develop a policy by March 1 to meet the deadlines stated by Cancer Research and Prevention Institute of Texas. Howarth-Moore said there was a misunderstanding on the deadline to be in compliance with the new policy. Kristen Doyle, Cancer Prevention and Research Institute of Texas lawyer and a cancer survivor, said March 1 was the adoption date of the new rule and grantees have until Aug. 31 to develop a new policy. Doyle said although she has not seen the policy, it seems like UT has gone above and beyond banning tobacco in buildings where cancer research takes place, the minimum requirement the institute called for. Doyle said she thinks it is great UT has adopted a tobacco-free policy on campus. "Preventing people from taking up both smoking and tobacco use, especially now when they're in college, will help them for the rest of their lives," Doyle said. "As a cancer survivor, I hope someone else won't have to have that awful moment and hear, 'Oh, you've got cancer.'" Howarth-Moore said although the University had previously considered only banning tobacco use in buildings and areas where cancer

research took place, they decided against it. Many professors and graduate students conducting research will often have their lab in one building but may go to places such as the library in the Main Building to analyze their research, Howarth-Moore said, and that makes the building a cancer research facility. Howarth-Moore said new research facilities are added and change every semester and would make a tobacco ban only encompassing cancer research buildings difficult and confusing to implement. Matthew Haviland, president of the UT Texas Public Health Organization, said he thinks the tobacco ban will contribute to the improving the health of students and potentially decreasing insurance costs. The organization conducted a survey last semester and found that out of 1,551 respondents, 77 percent indicated they wanted a stronger tobacco policy at UT. Among the people who identified as smokers who took the survey, about one-third said they wanted stricter limits on tobacco use. Haviland said he sat on a committee with administrators to discuss the possible implementation of a tobacco ban and expected the announcement. He said he hopes this encourages the city of Austin and schools across the U.S. to consider banning tobacco.

Avoiding the Freshman 15

You've probably heard about the weight-gain phenomenon among new college students known as the "freshman 15." This refers to the 15 pounds that first-year students supposedly put on when they start college. The good news is, the weight gain rarely amounts to 15 pounds. According to teenshealth.org, "studies show that students on average gain three to 10 pounds during their first two years of college." However, it is still wise to make sure you don't pack on the pounds by developing unhealthy habits as so many college

students do. Here are some ways to maintain a healthy weight. **EXERCISE REGULARLY** When thrust into a new, busy school routine so many students let fitness fall by the wayside. Even if you are taking 18 hours and working part-time there are still ways to stay active. Instead of taking the bus around campus, ride a bike or walk. Maybe you played a sport in high school but aren't quite skilled enough to be a Division I NCAA athlete. There are a multitude of club and intramural sports teams

on campus, some of which don't even require any experience. You certainly cannot blame inactivity on being broke either. UT has multiple fitness and recreation facilities that cost you nothing but a quick flash of your UT ID. **WATCH WHAT YOU EAT** Now that you're on your own, it will be tempting to pig out on all the junk food your mom tried so hard to keep out of the house. Late-night study sessions can also bring about the temptation to order a pizza and eat the whole thing yourself. Probably the best thing to do is get yourself on a regular eating schedule. Plan your meal and snack times around

your classes and identify the healthiest options on and around campus that also fit your taste. If you stick to a schedule you will be less likely to crave junk and binge because you haven't eaten in a few hours. College is also the land of the all-you-can-eat style of feeding. Just because there is tons of food sitting in front of you doesn't mean it's your job to eat it. Limit yourself at the buffet-style spots on campus and if you know you lack self-control, try avoiding those locations all together. There are plenty of great a-la-carte options around. **GET ENOUGH SLEEP** College is notorious for being

the land of all-nighters. It is inevitable you will face nights where you simply cannot avoid a study session that lasts until sunrise but it is important to keep late nights to a minimum. Teenshealth.org says, "recent studies have linked getting enough sleep to maintaining a healthy weight." When you notice the clock inching its way to midnight, take a step back and decide if what you're doing at the moment really warrants putting off sleep. A "Fresh Prince of Bel Air" marathon on TBS isn't exactly a good reason to sacrifice some shut-eye. Bottom line, when you're tired you should go to sleep. Even if you're cramming for a test, you are really better off getting sleep than staying up all night to memorize the periodic table.

gain in a number of ways. It bombards the mind and body from all fronts. Whether anxiety from school leads to mindless stress eating, lack of exercise or thwarting your hormonal balance you are sure to notice your jeans getting a little tighter. Be sure to take time each day to relax, even if all you have is ten minutes. Taking just a few minutes of "me time" will actually make you get your to-do list done more efficiently because you will re-energize and re-center yourself for the day. If you really want to kill two birds with one stone, try exercising to reduce stress!

The real key here is moderation. So many new students get overwhelmed by their newfound freedom and have trouble resisting the urge to stay up all night, eat a ton of food and drink until they become a YouTube celebrity. Remember that you are now officially an adult and you need to start taking some responsibility. More importantly, it is also unwise to eat too little and exercise too much. Habits like that can turn into an eating disorder, bringing about a whole new set of complications. Lucky for you, UT has great resources to help students stay healthy through University Health Services. They offer everything from emotional counseling to nutrition education. Just stop by their offices in the Student Services Building off Dean Keaton or at healthyhorns.utexas.edu — they are definitely worth a visit.

— Christine Imperatore | Texas Student Media Staff

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AVOID ALCOHOL

Aside from the fact that most college freshmen are not old enough to legally consume alcohol in the US, it can also be a huge factor in weight gain. Not only does beer have a lot of carbohydrates and calories but hard liquor can be just as bad. Alcohol is also processed by the body in a way that further encourages weight gain. Not to mention it leads to those late-night "drunk munchies." In an interview with webmd.com, registered dietician Connie Diekman said, "When alcohol has a rapid affect, it drops your blood sugar and triggers the need to eat and alcohol also lowers your inhibitions."

DE-STRESS

Stress plays a part in weight

Favorite and frequented spots on the Forty Acres

Turtle Pond

Inner Campus Drive just north of the Main Building

Popular among many students, this famed pond is home to turtles, fish, lily pads and other living things. A peaceful getaway right in the heart of campus, it's a great place to spend time in between classes watching the turtles at work. The pond is part of the Tower Garden, which in 1999 was dedicated to the 1966 Tower shooting victims.

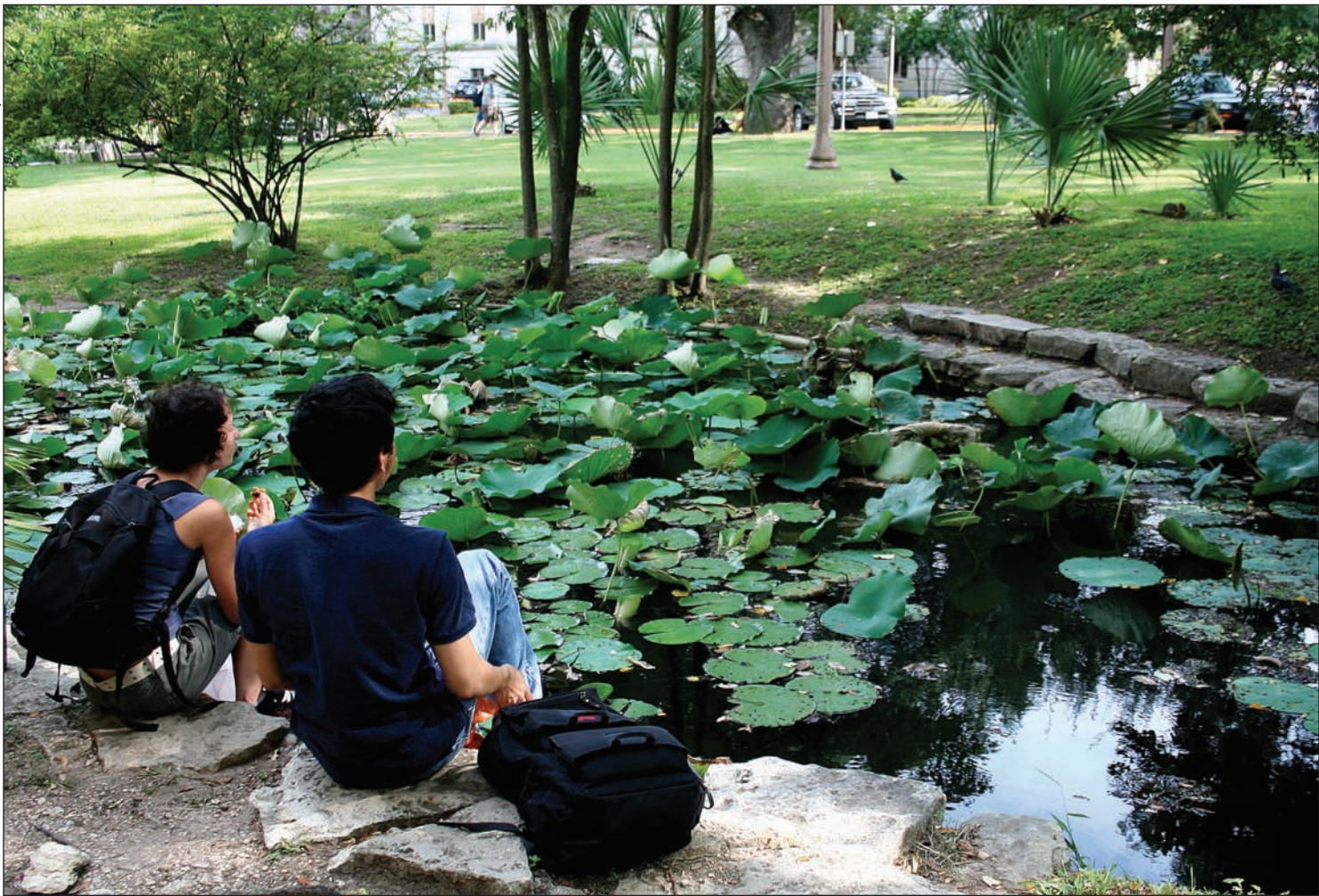
Even more noteworthy campus locales

- **Harry Ransom Center**, 21st and Guadalupe streets
- **Littlefield House**, corner of 24th and Whitis streets
- **Barbara Jordan statue**, corner of 24th and Whitis streets (across from Littlefield House)
- **Texas Union and the Union Underground**, corner of 24th and Guadalupe streets
- **Darrell K Royal-Texas Memorial Stadium**, at 23rd Street between Robert Dedman Drive and San Jacinto Boulevard
- **East Mall Fountain**, circle drive at San Jacinto Boulevard and 23rd Street
- **Walter Cronkite Plaza**, Dean Keaton and Whitis Avenue (College of Communication complex)

Blanton Museum of Art

200 East MLK Blvd. (MLK at Congress Avenue)

One of the premier university art museums in the country, the Blanton Museum houses the largest and most comprehensive collection of art in Central Texas. With gallery tours, artist lectures and even yoga in the gallery, this museum has something for everyone — and it's free! The Blanton Museum is open Tuesday through Friday 10 a.m. to 5 p.m., Saturday 11 a.m. to 5 p.m. and Sunday 1 to 5 p.m.



Gregory Gym Aquatic Complex

2101 Speedway
(Speedway at 21st Street)

Built in 2005, the Aquatic Complex offers ample recreation to beat the heat in Austin. The complex has one pool specifically designated for intramural water sports as well as a lap pool and hot tub. In addition to a food bar, there is also a third pool where you can put lawn chairs in the water. The Aquatic Complex is also the perfect place to soak up some sun and study at the same time.



photos by: left, Daily Texan file photo; top, Daily Texan file photo; above, Rachel Lau | Texas Student Media Staff

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Pu Ying Huang | Daily Texan Staff

UT alumnus Avani Trivedi walks her bike out from the racks next to Gregory Gym this March. Trivedi is seen with various bike safety items such as lights, reflectors, helmet and even a neon safety jacket for enhancing visibility.

Avoid crashes, collisions with these bike safety tips

By Kayla Jonsson
Daily Texan Staff
Run date: March 21, 2012

With around 3,000 students zipping around campus on bicycles every day, crashes are common, but also avoidable with the proper safety precautions.

There have been nine reported bike crashes on campus during the 2011-12 school year, according to UT Police Department records, and 54 crashes throughout Austin in 2012, according to Austin Police Department records. There has been one bicycle wreck fatality in 2012 and it was not on campus, according to APD records.

“Typically crashes are caused by a visibility issue,” said Craig Staley, general manager of Lance Armstrong’s Mellow Johnny’s Bike Shop. “Most of the crashes, including the fatal ones, happen because someone did not see someone else.”

Staley said maintaining visibility and wearing a helmet are the most important aspects of safe biking, which is

reinforced by UTPD records, which show that all bike crashes this school year have happened in the late afternoon or later, when there is less sunlight.

“Helmets, lights and proper safety equipment are very important,” Staley said. “We encourage all of our customers to buy a good helmet and lights and reflectors when they purchase a bike.”

Staley said the UT area is slightly safer for biking because the abundance of riders forces pedestrians and motorists to stay on the lookout.

“I would suggest riding on campus as much as possible, rather than riding on Guadalupe [Street],” he said. “Not that Guadalupe [Street] is completely unsafe. It does have a bike lane which is helpful. There is just so much congestion there, though, and the motorists are less likely to be on the lookout for bicyclists.”

Sam Cortez, bike coordinator for UT Parking and Transportation Services, said planning and learning a route is an important key to safe

cycling.

“The No. 1 safety tip is to ride predictably,” Cortez said. “That’s what we tell everyone. Stopping at stop signs, using hand signals and having lights for the night are also very important.”

Lt. Ely Reyes with the APD Highway Enforcement Command said safe bicycling requires teamwork from both bicyclists and motorists.

“Bicycle safety is a two-way street that requires awareness for both cyclists and drivers,” Reyes said. “Bicyclists need to abide by the same traffic laws as vehicles. This means stopping at stop signs and red lights. These are the two most common violations we observe.”

Staley said people should expect to see more changes in their surroundings because of an increase in bicycling and safety awareness.

“When the city makes plans for construction of buildings and roads, bikes are part of the equation now,” Staley said. “Always expect there to be bikes.”

BIKES ON CAMPUS

If you haven’t heard already, Austin is among one of the top bike-friendly cities in the nation — and the prevalence of bikers on campus shows for it. While biking is definitely a cost-effective and convenient way to get around campus (and Austin), it is important to make sure you’re following all of the rules enforced by the University of Texas Parking Transportation Services (PTS). So if you’re planning on bringing a bike with you to school this fall, here are a few key points you’ll need to keep in mind.

Register your bike

Registration is required for everyone who bikes or keeps a bike on campus. Not only does this help prevent theft but it also allows PTS to return any stolen bikes back to their owners. Students can register online through ‘My Parking Profile’ found at utdirect.utexas.edu/webapps/ptnet/. The permit will then be mailed to the address on file. Registration is also available Monday through Friday, 8 a.m. to 5 p.m. at the Trinity Garage ticket desk or 11 a.m. to 3 p.m. at The Kickstand university bike shop located on Speedway Plaza.

Lock it up

As a general rule, and for your bike’s safety, you’ll want to lock up your bicycle whenever and wherever you leave it. PTS recommends using a U-lock around the bike rack, frame and front tire of the bike. In addition to bike racks dispersed throughout campus, PTS also rents covered bike lockers in seven of the university parking garages for \$60 per year. It is important to keep in mind that a bike

locked to anything but bike rack or in a rented locker will be subject to impound. All the bike racks on campus can be located on this map: utexas.edu/parking/maps/rack-map.pdf.

Follow the rules

Keep in mind that every biker (on campus and off) also has to abide by the state laws regarding bicycle safety. In Austin, bikers are not allowed to ride on sidewalks and instead must utilize the bike lanes. Hand signals are also required of bicyclists, in order to warn pedestrians and drivers when making a turn. Texas state law also requires that every bicycle have at least a white light in the front and a red reflector or light on the back. A complete list of Texas’ biking laws can be found at: bicycleaustin.info/laws/tx-bike.html

If you plan to commute into campus by bike, check this map for the safe, approved biking routes: utexas.edu/parking/maps/bike-routes.gif.

Trek then transport

The great thing about the UT and Cap Metro busses is that they allow you to take your bike with you when you ride. Most all busses have bike stands at the front of the bus that can accommodate up to two bikes. So if it starts raining — or you’d rather just ride — the busses are a great bike-friendly alternative. Best of all, the busses are free to all UT students with proper ID!

If your bike is stolen, or you need to report a bike theft you saw on-campus, please alert UTPD at 512-471-4441.

— Emily Morgan | Texas Student Media Staff

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New policy allows students to list preferred name on UT records

By Jody Serrano
Daily Texan Staff
Run date: April 17, 2012

For some students, roll call in a classroom is exactly what it sounds like — the reading of a name. However, for transgender students who identify by a different name than the one listed, roll call can open the door to being outed to classmates.

The University will promote a new policy this summer to allow transgender students to list their preferred names on University records, a name that may be different from their legal name. Under this policy, a student’s preferred name will appear on class rosters, identification cards, medical files and other UT records. While transgender students were first allowed to use a preferred name on their official documents beginning last fall, this new policy will also update the preferred name to their medical records. Patrick White, a student member of the LGBT presidential task force, said the task force plans to inform transgender students about the policy through orientation this summer and programs next fall.

This policy was initiated by the LGBT presidential task force, a committee of faculty and students who advocate for LGBT rights on campus. Transgender students were first allowed to change the name appearing on their records in September 2011, but had to personally request the change at the UT Gender and Sexuality Center.

Music studies sophomore Joey Ovalle identifies as a trans man and was approved for a preferred name last fall. Ovalle said when he first came out as transgender he asked all his friends to call him “Joey.” Ovalle said while he had never had a professor call him by the wrong first name because of the change, he did have a professor mention his middle name, which was a feminine name, because the preferred name policy did not apply to middle names at the time. Ovalle said he also faced problems buying football tickets because his preferred name did not match the one on his credit card.

Ovalle said he felt outed when people would call him by his birth name instead of his preferred name.

“It’s not necessarily being outed by it that bothered me,” Ovalle said. “It’s the questions and the explanations



Shannon Kintner | Daily Texan Staff

Music Studies sophomore Joey Ovalle, who identifies as trans man, changed his name on the UT records to differ from his legal name. This summer UT will begin promoting this policy, which allows transgender students to use a preferred name on official documents.

that people feel entitled to after that which can be difficult to deal with.”

While only students who request the change through the center will have their name changed on class rosters and other official records, all students will be able to take advantage of the UHS policy and use a preferred name on their medical records. However, preferred names cannot go on an official University diploma or transcript.

According to the center’s website, preferred name changes are granted after the student has a conversation with a staff member who determines that the use of the name would facilitate a student’s success at UT. The preferred name appears on class rosters, the private Texas Enterprise Directory, clips class information pages, Blackboard and official UT identification cards.

Ixchel Rosal, Gender and Sexuality Center director, said about five students have updated their records using the preferred name policy since it launched last fall. Rosal said she does not ask if students are transgender when she meets with them about their request but that most students who requested it were. Rosal said all the feedback from students who were approved for a preferred was positive.

Jeffrey Graves, associate vice president for legal affairs, said UT considered many factors before approving the policy. Graves said preferred names cannot go on diplomas or transcripts without a legal name change.

He said one of the legal issues UT faced was putting preferred names on UT ID cards.

In cases such as police stops or when asked to surrender an ID card, Graves said, UT officials need to be able to confirm a student’s official name with the name on record with the University regardless of their preferred name. To address this, a student’s preferred name goes on the front of the ID card and the official name goes on the back.

“The whole point of the policy is to assist transgender students in transitioning to the University in a way that will correspond with how they live and how they identify,” Graves said.

White said the task force addresses many policy issues affecting the LGBT community by breaking down barriers and promoting a climate of inclusion and togetherness. White said the committee tries to address big and small things in the UT community that would make a difference.

For instance, White said the addition of many family and gender-neutral bathrooms on campus last year not only benefited people who identify as transgender, but also people with disabilities, people with a medical condition who need a private place to administer medication and people with small children.

“It’s not about acknowledging an accomplishment,” White said. “It’s the fact that we were able to put a different lens on something that should be there for all our students.”

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All you really need for college.



By Rachel Thompson
Daily Texan Staff
Run date: April 12, 2012

Of the complaints, many students voice dissatisfaction with



"We're finding that our spaces are being used for study groups and

Olmeda also said students are generally satisfied with the way

"More and more we're finding that students feel like it's an essential part of their daily life, so I think that we provide an outlet for

students to rebalance,” she said. “It’s not just weight room space. If you’re a rock climber, there’s space for you. If you’re into group exercise, you can take a yoga class.”

After the survey closes on May

—Emily Morgan | Texas Student Media



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FIGHT SONG

Texas Fight, Texas Fight,
And it's goodbye to A&M.
Texas Fight, Texas Fight,
And we'll put over one more win.
Texas Fight, Texas Fight,
For it's Texas that we love best.
Hail, Hail, The gang's all here,
And it's good-bye to all the rest!

(YELL)
Yea Orange! Yea White!
Yea Longhorns! Fight! Fight! Fight!
Texas Fight! Texas Fight,
Yea Texas Fight!
Texas Fight! Texas Fight,
Yea Texas Fight!

The Eyes of Texas are upon you,
All the livelong day.
The Eyes of Texas are upon you,
You cannot get away.
Texas Fight, Texas Fight,
For it's Texas that we love best.
Hail, Hail, The gang's all here,
And it good-bye to all the rest!

EM S HOOK HORN S

The "hook 'em" hand sign was introduced in 1955 before the TCU football game by Head Yell Leader and former judge, Harley Clark Jr. You can make it by extending your index and pinkie fingers, and wrapping your thumb around the middle and ring fingers. Longhorns give the "hook 'em" with arms in the air while singing the school song, The Eyes of Texas, and also during the yell of the fight song. It's been named the most recognizable fan handsign.



THE EYES OF TEXAS

The Eyes of Texas are upon you,
All the live long day.
The Eyes of Texas are upon you,
You can not get away.
Do not think you can escape them
At night or early in the morn-
The Eyes of Texas are upon you
'Till Gabriel blows his horn.

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THE FIRST BEVO was purchased in 1911 after Stephen Pinckney collected \$1 from 124 alumni. Five years later on Thanksgiving day the Longhorns beat A&M with a score of 21-7, a big comeback from having lost 13-0 the year before. Months after the game, a large "13-0" was branded on the longhorn's side. To cover up the joke, some UT students changed the "13" to a "B," the "-" to an "E," and inserted a "V" before the "0," spelling out "BEVO" which also happened to be the name of a popular beer brand. And thus, the name stuck. Four years later Bevo was served as barbecue to over 100 guests. The current longhorn is Bevo XIV.

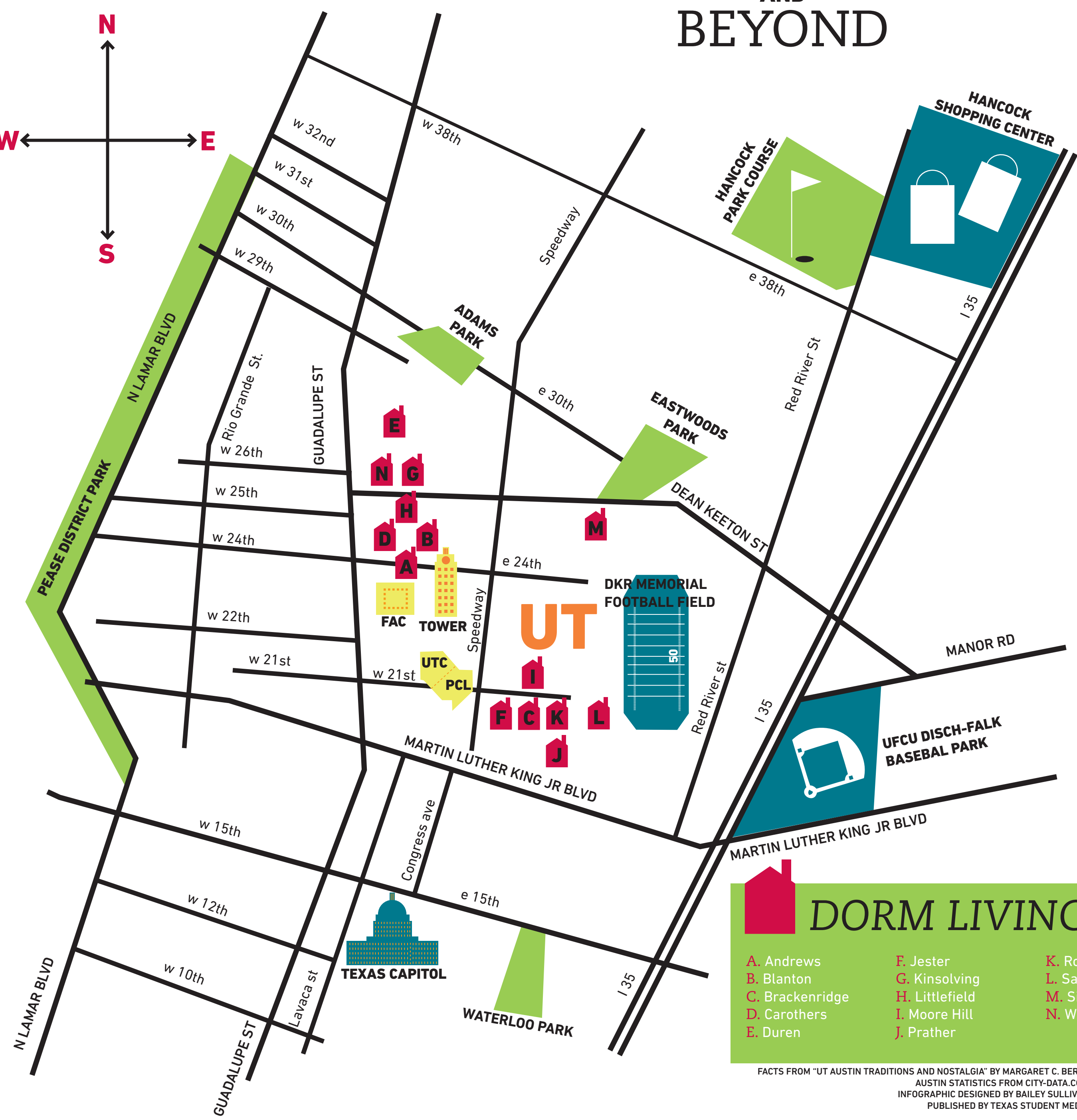
BEVO
"THE TOUGHEST-LOOKING ANIMAL MASCOT IN SPORTS"

THE FORTY ACRES AND BEYOND

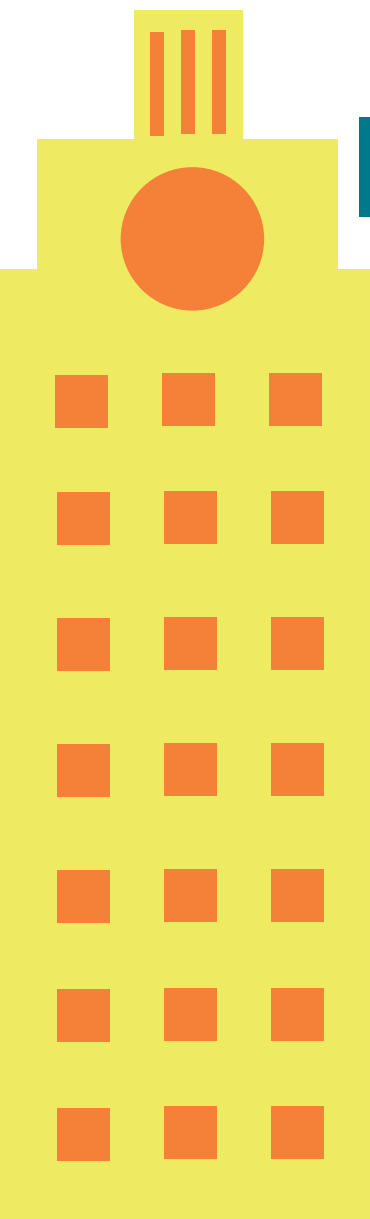
the original 40 ACRES

was bought in 1899 & remained the only UT land until 450 acres were given to the University in 1910 by Colonel George W. Brackenridge (for whom the Brackenridge dorm was named after). Today, the Forty Acres has become almost 400 acres-not including the Brackenridge donation.

>>CATCH THE FORTY ACRES (FA) BUS AT ONE OF SEVERAL STOPS ON CAMPUS AND GET TO CLASS QUICKER WHILE AVOIDING THE HEAT.



TOWER TALK



The tower of the Main Buiding can be seen in the Austin skyline. It is 59 square feet and 307 feet tall. While the capitol is 311 feet, the tower sits on a 6 feet higher elevation, making it seem taller. The clock rings every quarter hour, but if you're lucky, you may catch the fight song or other familiar tunes on your way to class by the carillonneur Tom Anderson, or the UT Guild of Student Carillonneurs. At night, you may notice a special tower lighting for a university victory, recognition, achievement, celebration, remembrance, or several other reasons.

DORM LIVING

A. Andrews	F. Jester	K. Roberts
B. Blanton	G. Kinsolving	L. San Jacinto
C. Brackenridge	H. Littlefield	M. Simkins
D. Carothers	I. Moore Hill	N. Whitis Court
E. Duren	J. Prather	

FACTS FROM "UT AUSTIN TRADITIONS AND NOSTALGIA" BY MARGARET C. BERRY
AUSTIN STATISTICS FROM CITY-DATA.COM
INFOGRAPHIC DESIGNED BY BAILEY SULLIVAN
PUBLISHED BY TEXAS STUDENT MEDIA

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THE DAILY TEXAN - the daily UT student newspaper
TSTV - Textast Student Television
KVRX - 91.7, broadcast
TEXAS TRAVESTY - UT's humor publication

CAMPUS EATS

STUDENT ACTIVITY CENTER

OPTIONS: Chick-Fil-A, Taco Cabana, Zen sushi, and Starbucks

The SAC just opened in spring 2011. It's a very modern space and the set-up makes ordering food quick and easy. There are a lot of seating options throughout the building. It's usually very busy around noon, so try getting there a little before if you're in a hurry.

THE UNION

OPTIONS: Wendy's, Taco Bell, Bene Pizzeria & Pasta, Chick-Fil-A, Quiznos, Smokehouse BBQ, Field of Greens, and Starbucks

Next to the FAC and across from the Drag, the Union's convenient location makes it a great spot to meet up with friends for lunch. The courtyard of Wendy's is a nice and relaxing place to eat outdoors, especially at night.

TEXAS EXPRESSO

One of the lesser-known gems of the university dining scene, Texas Expresso is located in the Alumni Center across from the stadium. They offer café drinks, fresh sandwiches, pastries and friendly, personable service. A quiet place to go complete with leather couches and low-key music. If you're looking for a quick breakfast, try their quesadinis - a breakfast taco grilled on a panini press. They accept Bevo Bucks.

JESTER CITY LIMITS

On the bottom floor of the biggest dorm is JCL. It's the perfect choice if you're not exactly sure what you're in the mood for because they have a little of everything. From Asian food to sandwiches, and Mexican cuisine to "Country Fixins," Jester's got it all. There's also as much seating as there are eating options. If none of those hit the spot, try Jesta Pizza, J2 buffet on the floor above, or Wendy's, right across from JCL.

CYPRESS BEND

Located in the San Jacinto dorm on the corner of San Jac and 21st is Cypress Bend-arguably the best place to go for a custom-made sandwich. They have a different lunch each day, so it's a good place to go if you're looking for something new. Cypress Bend also offers a salad bar and classic options like burgers and pizza slices. It's also part market, so it's a convenient place to get snacks and drinks too.

KINSOLVING

Kinsolving may be the best dining deal on campus. You swipe your card once on entry, then you're free to enjoy the all-you-can eat buffet-and it's no small buffet. Like Jester, Kinsolving offers an extremely wide variety of food options so try a little of everything! After you've gone back for fifths, grab some dessert and some more dessert. In Kinsolving, there's no judgement. Keep in mind not to be wasteful though.

LITTLEFIELD CAFÉ

Littlefield Patio Café is a small dining area next to the honors quad. They offer great plate options and the service is quick. Inside seating is very limited, but if it's a nice day, the futuristic-looking metal umbrellas outside provide a nice eating atmosphere. They only accept Dine-In Dollars after 2 p.m., so if you're running low on Bevo Bucks, keep that in mind.

Forty Acres Fest offers break from end-of-semester rush

By Kayla Jonsson
Daily Texan Staff
Run date: April 16, 2012

Rather than rushing from class to class with books in hand, students strolled campus from booth to booth with prizes in hand down the South and East Malls.

The 20th annual Forty Acres Fest Saturday hosted almost 100 organization's booths offering food, games, henna tattoos, caricatures and inflatable obstacle courses. Entertainment was provided by multiple student artists, and ended with the indie rock band Minus The Bear as the headliner.

"We all need this right now," Melissa Herman said, organization co-chair and American studies sophomore. "The end of the semester can be a stressful time because of finals and everything, so it's definitely nice to have the opportunity to beat up a car for a couple of dollars on campus."

Herman said the committee of 22 students began planning for the event in September. She said more organizations than ever signed up to participate this year, and creative planning was necessary to accommodate them because of the current re-grassing of South Mall.

"One thing that has been different this year is there is construction on



Anish Momin, a UT Finance major, goes up against Kashan Ali Qazi, a UT Mechanical Engineer major, at the Bungee Run during 40 Acres Fest in April. The 20th annual Forty Acres Fest had food, henna tattoos and obstacle courses.

South Mall so we have had to work around that," she said. "Booths went down East Mall when they usually

just go down South Mall. It's been very interesting to work around, but it went fine."

Minus The Bear was chosen as this year's headliner because their music brings a positive energy to set the

mood, Music Entertainment Committee advisor Dylan Smith said.

"It is our job to find a headliner who appeals to a large number of students, is available and affordable," Smith said. "Minus The Bear offered all of those things and will create a good atmosphere."

Smith said although he enjoyed Minus The Bear, seeing the student musicians and organizations coming together to give students a good time while promoting their causes was the most exciting part of the day.

"There is something at Forty Acres [Fest] for everyone," he said. "It's so good to see months of hard work paying off and everyone having fun together whether they are here to listen to great music, support great causes or just relax with friends."

Global Medical Training is one organization who participated in the festival this year. They had a pie-throwing booth with candy and information about their organization.

"Forty Acres Fest is one of the biggest events of the year, so we really wanted to take advantage of the opportunity to tell people about us," Melanie Molina, Global Medical Training member and biology and Spanish senior, said. "It's a great way to recruit members and have fun."

Blanton Student Fest unites campus, University community

By David Maly
Daily Texan Staff
Run date: April 6, 2012

The Blanton Museum of Art was filled with Old West spirit Thursday as museum patrons took part in various cowboy-themed activities.

At the biannual Student Fest, museum staff came together with the Blanton Student Guild and various campus art organizations to present a free day of activities, food, offerings and exhibits for the

general public. The event sported an Old West theme, and activities included student-led tours of the museum, an interactive crossword puzzle and word search, an outdoor photo booth managed by the Texas Photography Club and performances by UT's Conjunto Ensemble, a band that played music with south Texas origins and Spitshine Poetry, a campus poetry-reading organization.

"The museum hopes to be more conducive to the Austin community's needs in the future and

is holding events like this one to gain more knowledge about public interest, get the public more involved and raise attendance," said Danielle Schulz, graduate student and University program coordinator at the Blanton Museum of Art.

Joel Guzman, specialist in the Sarah and Ernest School of Music Endowment and instructor of UT's Conjunto Ensemble, said he was delighted to have his band participate and sees major value in the museum's work.

"The Blanton is representative of all things important in the art world," Guzman said. "That also includes forms of art like music and poetry, and I see it as a real advantage that the Blanton has decided to showcase these other art forms through this event. I hope they will continue to grow."

The event developed as a replacement of Student MIX, a similar event sponsored solely by the Blanton Student Guild held in previous years, Schulz said. Schulz said the event did not gar-

ner as much attention as Student Fest because they did not have the resources to market it.

"We wanted to take the event and make it more widely known," she said. "By putting the full power of the Blanton behind this event, we were able to use the Blanton's PR and marketing professionals and really get the word out."

Kate Stark, graduate student and event attendee, said the museum and events like Student Fest bring together the campus and the Austin community.

"It brings people to campus that wouldn't normally come here," she said. "This way, it helps make UT a part of the community."

Samantha Youngblood, UT alumnus and PR and marketing manager for The Blanton Museum of Art, said the museum's exhibits are a great way of sharing the University's efforts with the public.

"The Blanton acts as a sort of bridge between the Austin and UT communities," she said. "We're here to serve them both and are very open to their ideas."

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Parking and Transportation Services



Ethan Newman and Colton Jansyk take advantage of the free photo booth set up at the biannual Blanton Museum's Student Fest.

Transportation options for getting home if you don't bring your car to the 40 Acres

No car? No problem! Lucky for you, there are multiple ways for college students to get home— and they don't require an overpriced plane ticket.

TEXAS EXPRESS

Texas Express is a non-stop charter bus service specifically for UT students and faculty that provides round-trip transportation from the 40 Acres to San Antonio, Houston and Dallas. It picks up and drops off at the Jester turn-around on Speedway. Normally, they only depart on Fridays at 4 p.m., but times and days change slightly during holidays and special occasions.

Everyone is technically

only allowed one carry-on (excluding ladies' purses) and one bag to go under the bus. However, on my trips back and forth, they've never batted an eye at my extra bag of goodies, courtesy of my mom.

The seats are comfortable, but there's very little foot-room, and arm-room space is really tight. I'd suggest grabbing a friend to join you so you don't get stuck sitting next to a stranger. Your parents can feel comfortable that you'll be riding with other Longhorns and faculty. And unlike Greyhound buses, the Texas Express does not stop, which helps you get home quicker.

Roundtrip cost: \$40.50 to San Antonio | \$45 to Houston | \$55 to Dallas

TEXAS EAGLE

This Amtrak train offers a more leisurely (but longer) ride home. Trips on the Texas Eagle generally take two hours longer than those of the Texas Express, giving you time to take advantage of amenities that include a dining cart and a café. The closest train station is located on North Lamar.

Roundtrip cost: \$59 to Dallas | \$53 to Houston | \$26 to San Antonio

— Lauren Daly | Texas Student Media Staff

RECYCLE RECYCLE RECYCLE RECYCLE

10 UT traditions to know before you get to campus

With the University of Texas recognized as one of the top tier public institutions in the nation since its inception in 1883, it's not surprising that their traditions are regarded almost as highly as their academics. So before you come to campus this fall, be sure to brush up on the top ten current (and historical) traditions your fellow Longhorns have started, so you won't feel out-of-the-loop.

1. HOOK 'EM HAND SIGN
Originally created by head cheerleader and former Texas judge Harley Clark in 1955, the Hook 'em hand sign is now the token symbol of UT's school spirit. Wherever you go, be it a football game or somewhere on the Forty Acres, this hand sign is sure to attract hoops and hollers from your fellow Longhorns.

2. TEXAS FIGHT
As the official fight song of the University of Texas, "Texas Fight" can be heard following touchdowns or at various other Longhorn sporting events. The song was originally written to rival Texas A&M's fight song, and quickly became tradition after premiering in

1967. Learn the words on page 12.

3. BEVO, THE LONGHORN
You may be surprised to learn that Bevo wasn't the first mascot to represent the University of Texas. Pig Belmont (1914-1923) a tan and white dog was known unofficially as the varsity mascot. Bevo wasn't officially adopted as the mascot until after his introduction at a 1916 football game, which resulted in a 21-7 win against Texas A&M.

4. THE EYES OF TEXAS
Set to the tune "I've Been Working on the Railroad," this song was written in 1903 by John Sinclair, a former Cactus Yearbook editor. As the school's alma mater, this song can be heard at various sports games and other university events. Learn the words on page 12.

5. BURNT ORANGE AND WHITE
Whether or not you're a fan of these colors already, be prepared for them to dominate a large portion of your wardrobe starting next fall. From game days to everyday-wear, you'll see your fel-

low longhorns sporting these school colors everywhere on the forty acres.

6. HEX RALLY
After a nearly 18-year losing streak against the Aggies, students decided to consult a local fortuneteller, Augusta Hipple, in hopes of curbing their bad luck. Upon her recommendations, Longhorn fans gathered to burn red candles as a way of "hexing" A&M and as a result defeated the Aggies 23-0. While this has been a prided tradition since 1941, it is uncertain whether this practice will continue due to A&M's abrupt switch to the SEC.

7. RUNNING OF THE TEXAS FLAG
Since 1961, members of the Alpha Phi Omega fraternity have been in charge of running a Texas flag across the football field before every home game as a symbol of school spirit. Today, the flag used is thought to be the largest state flag in

the world, weighing in around 500 pounds.

8. LIGHTING OF THE TOWER
As a former library and current home to several administrative offices, the UT Tower is not only a staple landmark on campus but an iconic one. In celebration of academic honors, special events and athletic victories the tower is lit up with orange lights. A fireworks display is also presented behind the tower every year in celebration of commencement.

9. FORTY ACRES FEST
This campus-wide festival takes place every spring semester, and features various student booths with games, food and contests. The event also includes a live music concert by a popular artist. In the past Forty Acres Fest has featured Girl Talk and Big Boi. But best of all, it's free!

10. GUADALUPE SWORD FIGHT
On the last Friday of classes, in both the fall and spring semester, students organize a foam-sword fight to help relieve stress before finals. Students flock to either side of the crosswalk across from the

Co-op and attack as soon as the crosswalk light comes on. While this is not a school-sponsored tradition, it has most recently gained notoriety from the viral video "Bus hit by a Nick."

— Emily Morgan | Texas Student Media Staff



Thomas Allison | Daily Texan Staff
Freshmen students gather at the Tower during last fall's Gone to Texas celebration.

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That money you shell out to go to school at UT actually pays for more than just classes. There are lots of activities, services and benefits that are covered by your tuition money. It's a good idea to know what they are so you can take full advantage and be sure you're getting your money's worth.

Museums
Your tuition covers admission into many of the wonderful museums on campus. Check out popular venues like the Blanton Museum of Art, Texas Memorial Museum or the Visual Arts Center. For a full list visit utexas.edu/about-ut/arts-attractions, but be sure to double-check the free admission status before you go!

Buses
UT provides a number of shuttles for students and staff to get to, from and around campus. Anyone with a UT ID is also entitled to ride Capital Metro (including the E-Bus) for free. Just flash your ID card when you board and you'll be able to make your way around Austin for business, pleasure and adventures. Visit utexas.edu/parking/transportation/capmetro/ for city bus information and utexas.edu/parking/transportation/shuttle/index.php for school shuttle information.

Gym
Before you even think about signing your soul (and cash) away to a gym membership, remember that you're already paying for one! There are multiple gyms, recreational complexes and fitness centers on campus, which you are entitled to use as a tuition-paying student. This is a great opportunity to start a fitness routine, get in shape or better yet, avoid the fabled "freshman 15." Knowing you're already paying for it should motivate you to get to the gym on a regular basis. For more information visit utrecsports.org and check out the article on page 11 for an in-depth look at what's included in your RecSports membership.

Activities
One of the biggest perks of being a UT student is all of the free events that happen on campus every year. There are free movies at the Union and the Student Activities Center every weekend. The university also attracts some of the most interesting and influential guest speakers. During 40 Acres Fest every spring, students enjoy endless fun and activities like rock-climbing, caricature artists and eating contests. The event finishes off with a concert by a big-name artist. In the past guest performers have included Big Boi and

Girl Talk. All campus events are listed at utexas.edu/know/events.

Health services
University Health Services provides a multitude of benefits to students. If you're feeling under the weather you can talk to a nurse for free. They will either give you advice on how to treat your ailment over-the-counter or refer you to an on-site doctor (for a co-pay of only \$5). UHS also offers help for students with mental, sexual or nutritional health questions or issues. They also provide free STD testing and contraceptives. For more information visit healthyhorns.utexas.edu.

Libraries
The campus libraries are so much more than buildings full of books. Aside from being a place to study or use a computer, the libraries offer a great deal of multimedia resources that you can check out. They have movies and TV shows on DVD, which are a surefire way to avoid trips to Blockbuster or Redbox. You may even consider cancelling your NetFlix subscription. If you happen to leave your textbook in your room, they also have some available to students. For more information on the libraries visit lib.utexas.edu.

—Christine Imperatore | Texas Student Media Staff



Texas Student Media file photo

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Last hex cast on Texas A&M at annual Hex Rally

By Rachel Thompson
Daily Texan Staff
Run date: Nov. 22, 2012

The eyes of Texas gazed down upon 2,000 red candles burning with Longhorn pride as students gathered to hex that “other” Texas public university before Thursday’s game.

The Texas Exes Student Chapter hosted the 26th annual Hex Rally in the Main Mall on Monday, a tradition that has its roots in a 1941 Thanksgiving Day win over Texas A&M.

After 18 years of losing to the Aggies at Kyle Field, UT students decided it was time to consult an expert on how to break the jinx. Local fortune teller Madam Hipple advised them to burn red candles the week before the game to hex the Aggies.

Students took her advice and set candles aflame in residence hall lounges, West Campus fraternity and sorority houses, and store windows along the Drag and around the city through the week of Thanksgiving. The Longhorns traveled to College Station and defeated the Aggies 23-0. Thus, a tradition began.

“I think it’s a chance to bring the entire student community together to support the team and show their pride for the University and the Longhorns,” said Texas Exes spokeswoman Erin Huddleston.

The Longhorn Band along with cheer, pom and dance



Mack Brown lights the first red candle of the evening from the iron torch at the Hex Rally last fall. This age-old tradition prepping for Thursday’s game against Texas A&M may be ending this year now that the Aggies are leaving the Big 12 next season.

rallied the crowd with a few “Texas Fight!” cheers and the traditional fight song. The football team was welcomed in as head coach Mack Brown commemorated one of the longest and fiercest rivalries in college football.

Psychology sophomore Rita Holguin said attending last year’s Hex Rally made her excited to be an executive

member of Texas Exes Student Chapter.

“It was a lot of fun to see everything come together and everyone unite,” Holguin said. “This year I get to see the other side of things. I’m excited to see how everything comes together.”

With conference realignments and the uncertainty of future Thanksgiving match-

ups, Texas Exes student relations coordinator Taylor Nyberg said the future of the Hex Rally is uncertain, but the Texas Exes hope to continue the tradition regardless.

“It will be the last rally for A&M that we know,” Nyberg said. “But it’s possible that we’ll just Hex whoever we play on Thanksgiving. We’ll

just have to adapt and figure it out.”

Texas Exes Student Chapter president Meghan Wied says she enjoyed the traditional aspect of the rally and the student participation.

“I think it’s awesome because everyone can get involved,” Wied said. “The torchlight rally for OU is a newer rally, but the Hex Rally

is more traditional. Whether you’re a young Longhorn or an old Longhorn, it’s something you can share.”

Regardless of who the Longhorns will face on Thanksgiving 2012, Huddleston said the chapter hopes to uphold this characteristic UT tradition.

“We will be looking again to next year for what we can do to have the same impact and bring the University together,” she said. “We’ll just see what form that takes next year.”

LONGHORN FOOTBALL SCHEDULE FALL 2012

- Sept. 1** vs. Wyoming Cowboys
- Sept. 8** vs. New Mexico Lobos
- Sept. 15** @ Ole Miss Rebels
- Sept. 29** @ Oklahoma State Cowboys
- Oct. 6** vs. West Virginia Mountaineers
- Oct. 13** vs. Oklahoma Sooners (Played at the Cotton Bowl in Dallas)
- Oct. 20** vs. Baylor Bears
- Oct. 27** @ Kansas Jayhawks
- Nov. 3** @ Texas Tech Red Raiders
- Nov. 10** vs. Iowa State Cyclones
- Nov. 24** vs. TCU Horned Frogs
- Dec. 1** @ Kansas State Wildcats

Freshmen class brings excitement, spirit for football season

By Lauren Guidice
Daily Texan Staff
Run date: Aug. 26, 2011

Last season, Texas went 5-7, the school’s first losing season since 1997. It had been a long time since Longhorn fans have had to cope with so many losses. Although last year was an abnormal season, to say the least, the freshmen around campus are ready for the season to start.

They plan on being supportive of the team through thick and thin.

“I always watched Texas football growing up and we’ve always been one of the best teams,” said freshman computer science major Jack Medellin. “Last year was disappointing, but this year I think we can do a lot better.”

Medellin is confident that the new recruits will make a difference and help Texas rebuild this season. He says that his first football season at Texas will be a positive experience, even if the team doesn’t live up to expectations.

“It would be nice to be a really good and competitive team, but it will be a good time no matter what,” Medellin said.

He is excited to watch the freshmen grow as he progresses through his college years and will remain a Texas fan no matter what, and he believes his classmates will follow suit.

Freshman longhorn band member Emilee Crowther, whose parents went to Texas Tech and sister attends OU, has always been a Texas fan and football is one of the reasons why she decided to go to school at UT.

“It’s really a surreal feeling being here at UT,” Crowther said. “Going to such a prestigious University and then having such great people representing you is amazing.”

She hopes that because last season was such a rough one, students, especially freshmen, will show even more support for the team and get them excited to play and win. She believes that if students are spirited and cheering during games, the team will feed off of that energy and play better.

“The team really needs our support, especially because football is such a tough sport both physically and mentally,” Crowther said.

Although freshman Chandler Zammarron believes that games will be more fun if the team does well, she

hopes that her freshman class, as well as the entire student body, will continue to support the team. Zammarron graduated from a very small school and is proud to be a part of the UT community.

“It’s a good feeling to finally be a part of something so big,” Zammarron said.

The massive amount of school spirit and the sea of burnt orange that is around campus has overwhelmed many freshmen around campus. Although this season may not be what Longhorns are accustomed to, they are still Longhorns.

By the end of last season, the student section of Darrell K Royal Memorial Stadium was becoming less and less populous.

But the freshmen around campus are now assimilating into the UT culture and ready to don their burnt orange on Sept. 3.

“The other morning I was walking across Main Mall and the tower chimed and I just got this huge sense of pride to be a Longhorn,” Zammarron said. “I love it here, and just because our team is struggling doesn’t change that. I’m really excited to be here.”



Freshman Chris Akin raises the Hook ‘Em Horns while he and others sing the Eyes of Texas during last fall’s Big Yell event in the SAC. The Big Yell is hosted by the Texas Exes to teach UT songs, history and traditions to new students.

USING BEVO BUCKS

If you’re living on campus and have a meal plan, you will also get an allotment of Bevo Bucks to use in and around campus. Unlike Dine In Dollars, Bevo Bucks give students a convenient and innovative way to utilize their meal plan at places other than the dining halls — even for things other than food.

Almost all eateries in the Union and Student Activity Center (SAC) accept Bevo Bucks, as well as all of the credit card-reading vending machines across campus. The division of housing and food services also posts a deal every week on Fridays for students using Bevo Bucks at local businesses. So, keep an eye out for these specials on their Facebook page: <https://www.facebook.com/BevoBucks>.

One of the great things about Bevo Bucks is that parents can easily add money to their student’s balance online with either a credit card or direct transfer. Another great thing is the in-

- creasing number and variety of businesses accepting Bevo Bucks. For this reason, we’ve put together a list of the most popular locations both on and off campus. But choose wisely, your account balance will dwindle faster than you might think.
- ON-CAMPUS**
- Chick-fil-A (SAC and Union)
 - Gregory Gym Store
 - Littlefield Patio Café
 - Jest A’ Pizza
 - Quiznos (Union)
 - Starbucks (Union)
 - Smokehouse BBQ (Union)
 - Subway (DKR North End Zone)
 - Taco Bell (Union)
 - Taco Cabana (SAC)
 - Wendy’s (Jester Center and Union)
 - Zen Sushi (SAC)
 - University Health Services
 - Jester City Limits
 - Cypress Bend Café
- OFF-CAMPUS**
- Arpeggio Grill

- Aruba Tan (Rio Grande location)
- Big Bite Pizza & Grill
- Birds Barbershop
- Burger King
- Campus Candy Yogurt Bar
- Chili’s
- Chipotle
- CVS pharmacy
- Domino’s Pizza
- Five Guys Burgers and Fries
- Jack in the Box
- Jamba Juice
- Jason’s Deli
- Kerbey Lane Cafe
- McDonalds (MLK location)
- Mellow Mushroom
- Noodles & Company
- Orange Market
- Pita Pit
- Pluckers
- Potbelly
- Qdoba
- Schlotzsky’s
- Smoothie King
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— Emily Morgan | Texas Student Media Staff

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How to get tickets

Sports are a time-honored tradition at UT and a big part of what it means to be a Longhorn. UT games are major social events and a great way to make friends, show your school spirit and get involved. But first you need to secure yourself some tickets.

LASP

The Longhorn All-Sports Package is the most economical way for students to obtain tickets to UT games. For \$80 per year or \$40 for just the spring semester, the LASP gives the student access to tickets, opportunities to arrange group seating and chances to purchase guest tickets. During the fall, LASP includes Football, Basketball, Soccer and Volleyball. In the spring it covers Basketball, Baseball and Softball. All sports, with the exception of Football and Basketball, simply require a LASP and UT ID for admittance. LASP passes can be ordered when pre-paying your tuition for each semester.

Football Draw

Once you've purchased the LASP, you need to take an extra step before you can attend football games. You must visit the student ticket office, with your UT ID, in advance of each game to obtain a first-come, first-served ticket. If you'd rather have guaranteed tickets, you may want to consider purchasing the LASP Season Ticket.

LASP Season Ticket (Football)

In addition to buying the LASP, students may opt to purchase the LASP Season Ticket for an additional \$70. This option entitles the student to guaranteed, reserved seating at all football games. This does involve a very competitive lottery process, with seniors taking top priority.

O-Zone (Basketball)

Attending a basketball game with your LASP will also require some careful planning. The student section is known as the "O-Zone" and is a very high demand area. You must show up early to secure a spot in this section, as it is first-come, first-served. Before you head to the game be sure you have your UT ID and your printed ticket. If you don't make it into the O-Zone, however, you are still welcome to attend the game in any other section.

Open to the public

If you choose not to purchase the LASP, you still have a chance to experience Longhorn sports. All cross-country, golf, rowing, swimming, diving, tennis and track and field events are open to the public, free of charge. All you have to do is show up!

For complete details and information on securing UT sporting event tickets visit texassports.com.



Lawrence Peart | Daily Texan Staff



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Together we'll go far



Texas Rock Climbing wins first national championship

By Rachel Thompson
Daily Texan Staff
Run date: April 25, 2012

The UT Tower has glowed orange to commemorate rivalry football victories, academic achievements and Texas Independence Day. For the first time, the Tower will light up to celebrate the rock climbing team's first national championship victory.

This past Saturday, the Texas rock climbing team took first place at the National Collegiate Climbing Series in Boston and competed against roughly 30 other collegiate teams, said Will Butcher, Texas Rock Climbing club president and Plan II and finance and business honors senior.

"Our goal for the season was to do well at regionals, but we didn't expect to win," he said. "It was definitely exciting."

Butcher said the team has been at UT for about three years, but it wasn't recognized as an official UT sport club until this year. The team trained in the fall and competed in six different competitions during spring's Collegiate Climbing Series, he said.

"I think UT is one of the largest collegiate climbing teams in the country, so we're definitely helping to increase awareness of the sport and help get more people involved," he said.

The team holds practices four times a week, with most members attending two to three practices during the week for several hours at a time, he said, and members

range from skilled climbers to beginners. "Most of the people on the team are getting started climbing in college," Butcher said. "That's one of our big things — getting people into the sport. A lot of people have been able to improve really quickly."

Butcher, who has cultivated an interest in climbing for 10 years, said he finds the sport to be continuously challenging and engaging.

"I think what's cool about it is that everyone can be challenged at their own level," he said. "If you're just starting out, you get on something at your level, and someone who's been doing it for decades can still be challenging themselves. You continue expanding your horizons."

Climbing ability depends on a variety of factors that come with training as well as experience, Butcher said.

"Upper body strength is good, flexibility, core strength, just a lot of the same things that make gymnasts successful also apply to climbing," he said. "It takes some experience to figure out what's the best way to climb the route, so it's technique and things like that."

Practices involve a combination of circuit training, push-ups, pull-ups and mixed cardio, team adviser Chris Burnett said, and training doesn't lessen in the off-season.

"The real brutal training happens in the offseason to maintain endurance and build stamina," Burnett said.

At nationals, eight members of

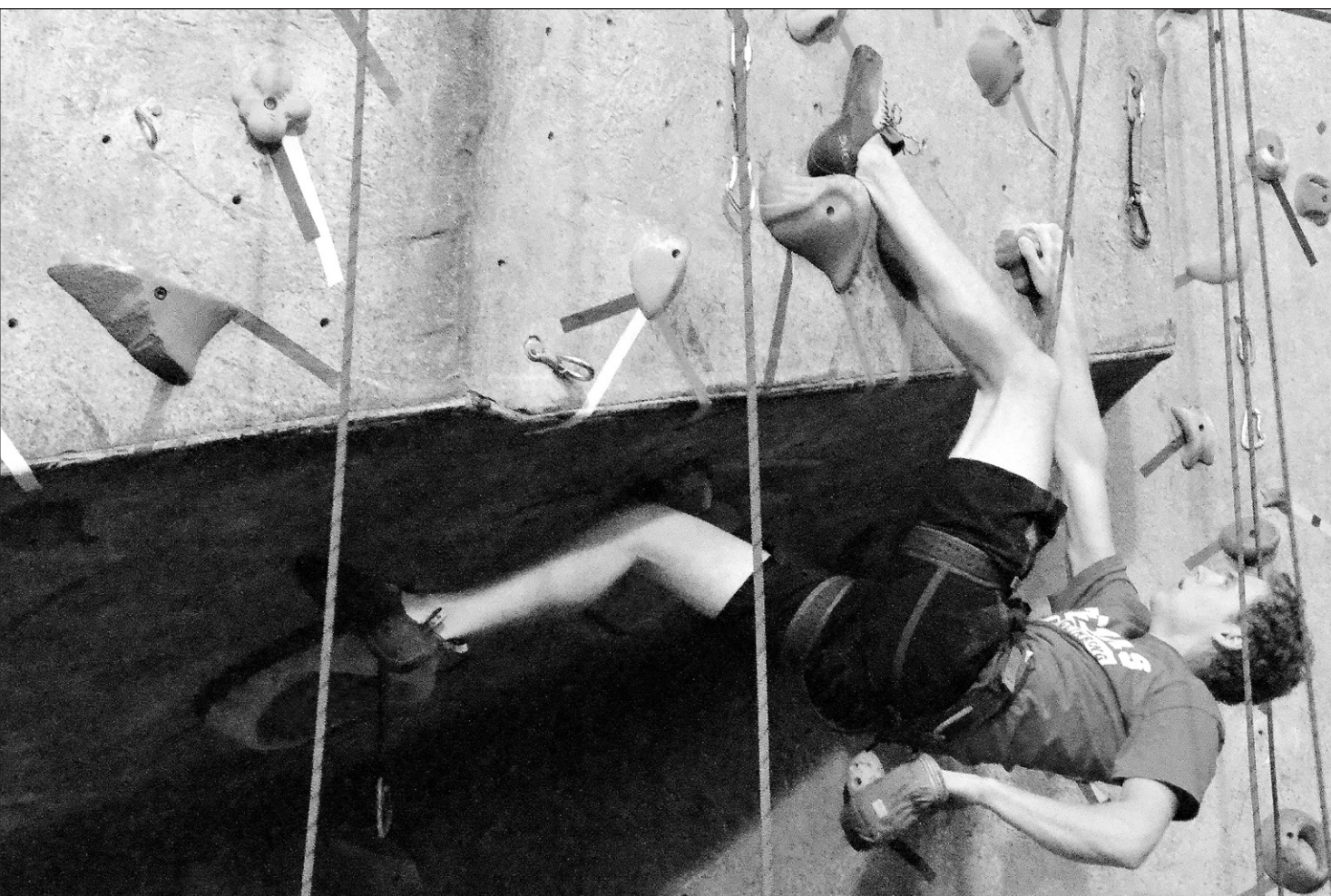


Photo courtesy of Javier Morales

Texas Rock Climbing president Will Butcher takes on the wall at the Texas Tech Vertical Plains competition this spring.

the team engaged in a redpoint component of the competition, which involves many climbers on the walls at the same time, as well as an on-site competition with two people climbing at once, said Sarah Williams, Texas Rock Climbing vice president and Middle Eastern studies junior.

"With the on-site competition, you don't really know what you're climbing beforehand," she said. "It was my first time doing on-site at a competition, and I thought it was going to be really stressful, but it was a lot of fun."

Williams said she began climbing in college and spent up to four

hours a day climbing before the national championship.

"I definitely amped up my training before nationals," she said. "We wanted to take it seriously and have a good showing at nationals, and I think it really paid off."

Williams was one of three

climbers to qualify for on-site finals and said the experience of building up the team to earn a national title has been a rewarding experience.

"We've all learned things together," she said. "It's been really exciting watching it happen and being a part of that."

INTRAMURALS & CLUB SPORTS AT UT

Sports obviously play a huge role at The University of Texas, with nationally ranked teams and development of the Longhorn Network on ESPN. However, the dedication and attention college sports demand doesn't always appeal to everyone. For many students, athletically-inclined or not, Intramurals and club sports teams are great alternatives.

Although most of these teams require annual dues to participate, it not only gives you an outlet to relieve your daily stresses but also an opportunity to meet new people and develop life-long friendships.

Here is a complete listing of intramural and club sports available through RecSports at UT. For more information on how to join,

visit utrecsports.org.

INTRAMURAL SPORTS

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Track Meet
Golf Doubles Tournament

CLUB SPORTS

Aikido
Archery
Badminton
Bass Team
Ballet Folklorico
Ballroom Dance
Baseball
Crew
Cycling
Dance Team

Fencing
Gymnastics
Handball
Ice Hockey
Japan Karate
Judo
Kendo
Men's Lacrosse
Women's Lacrosse
Powerlifting
Racquetball
Rock Climbing
Roller Hockey
Rugby – Men's
Rugby – Women's
Running Club
Sailing Club

Sailing Team
Men's Soccer
Women's Soccer
Table Tennis
ITF Taekwondo
Texas Taekwondo
Tennis
Triathlon
Men's Ultimate
Women's Ultimate
Men's Volleyball
Women's Volleyball
Men's Water Polo
Women's Water Polo
Water Ski
Wrestling
Wushu

Annual StressFest helps students manage their stress, relax before final exams

By Alexandra Klima
Daily Texan Staff
Run date: April 11, 2012

Final exams and the accompanying stress are fast approaching, but campus organizations are here to help.

Students gathered at West Mall yesterday for the 15th annual StressFest, to discover new and effective ways to relieve stress. Sponsored by the UT Parents' Association and University Federal Credit Union, StressFest was hosted by the UT Counseling and Mental Health Center and featured organizations from across campus and beyond who exposed students to healthy ways of managing stress, CMHC associate director Dr. Jane Morgan Bost said.

Clinical laboratory science junior Huy Doan sipped on a slush from Jim-Jim's Italian Water Ice, which handed out free water ice slushes, a healthier alternative to snow cones at the event. Doan said he is stressed about trying to maintain his GPA and trying to succeed in his classes and felt refreshed by the festival.

Business freshman Alexandra Arzuaga visited the CMHC acupuncture station and said she has never done acupuncture before but was excited to try it.

"I'm stressed about finals," Arzuaga said. "I feel like this event is a great way to get our minds off of school for a bit and to learn new ways to take care of your body when you get stressed."

Staff psychologist and outreach coordinator Dr. Laura Ebady was this

year's StressFest coordinator and said the event had the biggest turnout she has ever seen with an estimated 2,500 attendees.

"During this time of year, especially before finals, we want to help students discover the different resources on campus for stress relief, provide some on-the-spot stress relievers and give students some useful stress management tips in the coming weeks before finals," Ebady said.

A wide variety of activities and booths were present in order to appeal to everyone and to cover every type of stress, whether it be financial stress, emotional stress, academic stress or health stress, Ebady said.

Anxiety disorder specialist Diana Damer provided a fun demonstration of cognitive therapy at the fortune

telling booth. Cognitive therapy is a version of psychotherapy for depression highlighting the replacement of negative thoughts with positive ones. Students were given a situation and a variety of responses and were asked to choose their most likely response to the situation. If a self-defeating style of thinking was chosen, students were told they can change their fortunes by changing their thoughts.

"Many people think that situations and events cause our emotional stresses, but it's really our beliefs, thoughts and interpretations that shape our perception of such things," Damer said. "Positive thinking is not the only solution to self-defeating thoughts. One must learn to be as positive as they can, while still being realistic."

Damer works with multiple campus groups in CMHC, such as The Courage to Be Imperfect Group and Build Your Social Confidence Group, all of which are free and confidential.

Senior social worker Alicia Garces worked the CMHC multicultural center booth which displayed two large comment boards with the questions "What stresses you out the most as a student of color?" and "What do students of color need to succeed on campus?" Garces said this informal, anonymous environment is an effective way of discovering and gathering such information.

"We are not making assumptions," Garces said. "We are asking for the thoughts of students and trying to figure out which components on campus are the same and which are

different. It's important to know what the UT campus is providing for minority groups to meet their success."

Garces said CMHC wants to hear minority group experiences on campus in order to better serve minority groups who attend CMHC.

For an instant stress reliever, students played with therapy dogs from Therapy Pet Pals of Texas, Inc., a volunteer organization based out of Austin.

Volunteer John Nettle brought his Norwich Terrier and said Therapy Pet Pals of Texas brings dogs to nursing homes, hospitals and physical therapy clinics for some small scale stress relief of those present.

"We're all dog lovers who volunteer our time and pets for a good cause," Nettle said.

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Torchlight parade highlights fan support before OU game

Hundreds of students gathered in front of the UT Tower on Wednesday night to celebrate the Torchlight Parade and Rally, which takes place every year before the UT vs. OU game. The students and multiple organizations that came out to support the UT football team transformed the Main Mall into a sea of burnt orange. The atmosphere was vibrant as attendees hooked their

horns and cheered on while head coach Mack Brown spoke of the importance of this upcoming game and his foreshadowing of a UT victory. The multitude broke out in celebration as the UT football team, the UT band and other performance groups each took turns in demonstrating their UT pre-game spirit. Every year, this rally brings together an impressive number of stu-

dents, just as it has done since the tradition was re-instated in 1987 after a 20-year hiatus. This yearly event is hosted by the Texas Exes Student Chapter, whose members lowered the Texas flag underneath the lit-up Tower at the end of the ceremony.

— Andrea Macias-Jimenez
Run date: Oct. 6, 2011



Andrea Macias-Jimenez | Daily Texan Staff

The UT Colorguard makes an entrance at last year's annual Torchlight Parade and Rally in October. Hundreds of students clad in burnt-orange apparel gathered at the Main Mall to show their support for the UT football team, who played against OU that Saturday.

for more information about UT traditions and school spirit events, see page 15

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Texas Parents — *bridging the gap between parental control and student independence*

It's no secret that parents often have trouble when it comes time for their "babies" to flee the nest and enter the grownup world of college.

Luckily for the moms and dads of Longhorns, there's Texas Parents, an organization that helps UT parents with that transition their children make into adulthood. Texas Parents works with parents to find a happy medium for them to stay in touch with and help their student without hindering his or her college experience. The resources the group provides ultimately help to establish a healthy communication between Longhorns and their parents.

In 1948, a group of UT dads got together and formed an organization to

help UT students and their parents. In the past 64 years, the Dads Association has become Texas Parents and continues to follow their mission to "help parents help their students."

The goal of Texas Parents is not to insert themselves into the daily lives of each student and report back to students' parents, but rather to help parents stay in their students' lives while keeping boundaries and allowing them to act like the adults they now are.

The group serves parents and students on multiple levels. Through the money they raise by parents joining as members, Texas Parents is able to award grants to registered student organizations for campus activities and community service projects such

as Hope Week and Forty Acres Fest. Grants have also helped areas within the Division of Student Affairs such as Student Emergency Services, University Health Services and the Counseling and Mental Health Center. Additionally, Texas Parents provides valuable information and advice to its members. Texas Parents Director Susie Smith offers helpful hints like, "when your student is having trouble in a class or with a professor, please, please DON'T call or email the professor on your student's behalf." The organization emphasizes the importance of letting students be responsible for themselves and their academics, but also letting them know that their parents are still there when they need them.

Texas Parents even provides a monthly e-newsletter highlighting important news, dates, deadlines and event information. This is a great alternative to parents having to hound their students for up-to-the-minute coverage or relevant details. Sometimes it helps to have your parents be notified of important deadlines (i.e. tuition payment), so you can be sure they're not missed.

Texas Parents also helps parents learn about the various resources available to students when they need academic, physical, social or emotional support. By being aware of these resources, parents can be better equipped to help their students when they can't physically be there themselves.

Joining Texas Parents is just as beneficial to the students as it is to the parents. Parents will have the tools and tips to let their students be adults and learn for themselves what it means to be responsible; and students will have even stronger support from their parents when they need it.

Every May, Texas Parents produces and mails out the New Parent Guide that includes information to help students and their families get off to a good start on the next four years as Longhorns. Look for yours in the mail! For more information about Texas Parents, visit texasparents.org.

— Christine Imperatore | Texas Student Media Staff

Tower Awards honor volunteers for community service

By Alexandra Klima
Daily Texan Staff
Run date: May 3, 2012

Executive director of the UT Autism Project, Pamela Buchanan, said she has always had a passion to do something worthwhile while engaging in community service.

Buchanan received the outstanding faculty/staff volunteer award at the 2012 Tower Award ceremony Wednesday evening. Buchanan has worked with families dealing with autism for 15 years, and co-founded UTAP seven years ago. UTAP pairs an autistic child one-to-one with a UT student who becomes his or her parent, guardian and safety net, Buchanan said.

Students, faculty and staff gathered yesterday to honor the award recipients for their community service achievements.

Sponsored by UT Austin's Volunteer and Service Learning Center, the Tower Awards attempt to recognize outstanding service volunteers who have demonstrated a dedication to community service within the UT community and beyond, said VSLC director Yvonne Loya.

"The ceremony's name reflects the dedication of UT students, faculty and staff to community service, who take advantage of their education



Professor Dorie Goldman approaches the stage to accept her Tower Award in May. Goldman was honored for her Ghana Maymester program, in which students travel overseas to perform community service.

gained at UT and effectively use it within the UT Austin community and beyond," said Gregory Vincent, vice president of the Division of Diversity and Community Engagement.

The award ceremony began

in 1999 as the UT Volunteer Recognition Ceremony, recognizing student volunteers in the UT community. Ten years later, UT students noticed certain groups such as faculty, businesses, student organizations and academic service learning programs were unrecognized for their outstanding service for UT, so the ceremony was rebranded as the Tower Awards, giving credit to all those who went unnoticed for their acts of service in the past.

Buchanan was one of many members of the campus

community recognized last night for making a difference through community service.

"Pamela has a wonderful energy and is completely committed to the children with whom she works," said Candlelight Ranch executive director Harriet Pozen. "I have heard numerous times from her staff that she is an amazing person to work for."

UTAP partners with Candlelight Ranch who hosts various campouts throughout the year for the autistic children and their student mentors.

Chief Service Officer for the mayor, Sly Majid, the ceremony's keynote speaker, offered congratulations to everyone receiving awards and gave a comedic speech over the current generation's unparalleled opportunities to spread ideas and make a difference through service. Majid showed various Internet memes to the audience, conveying the ease with which the current generation can spread a certain cultural phenomena with the click of a button.

"Our generation is the most

educated generation ever," Majid said. "We have the ability to enact positive change if we organize and educate ourselves."

Texas Exes CEO and executive director Leslie Cedar subsequently presented Majid with the Glen Baumgart Alumni Award for Visionary Civic Engagement, which honors an outstanding UT alumni committed to community service.

Several students took home outstanding student volunteer awards, including Zachary Donaldson, Alpha Phi Omega service vice president, who won the gold presidential volunteer service award for completing more than 1,000 hours of service during the past 12 months. Alpha Phi Omega took home other awards, including the outstanding service project award for their Merit Badge University service project, which brings more than 5,000 Boy Scouts of America to UT in order to gain merit badges and get one step closer to their eagle scout rank.

The efforts of the UT community should be honored where so many are committed to service and to changing the world, Loya said.

"UT is such a civically engaged campus; the Tower Awards are such a small sampling of all the service engagement throughout the year," she said. "I wish we could award everyone for their service."

Quoting the famous cultural anthropologist Margaret Mead, Majid said, "Never doubt that a small group of thoughtful, committed citizens can change the world."

“UT is such a civically engaged campus; the Tower Awards are a small sampling of the service engagement throughout the year.”

— Yvonne Loya, director of UT's Volunteer and Service Learning Center

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TEXTBOOK OPTIONS

TSTV’s 24-hour programming to attract advertisers, branding

By Shreya Banerjee
Daily Texan Staff
Run date: April 23, 2012

Texas Student Television is hosting a live marathon for 24 hours every day for a week. The marathon started Sunday at midnight and will go on until 11:59 p.m. Saturday. “The last time TSTV did this was five years ago, so we decided to try it again,” said Derek Lewis, TSTV assistant staff director and journalism senior. “We thought it would be a good way to promote the TSTV brand as well as bring in more advertisers.” The members of TSTV have full control of what they want to focus on,

and the shows are generally geared towards events and issues that relate to the typical UT student. Lewis and one of his colleagues decided to host a show to give advice about relationships. “I usually do sports so it was interesting to get out of that realm and try something else,” Lewis said. “Our show ran three hours longer than we had planned, and it was my first time doing an off-the-cuff type of show, so it was definitely a learning experience.” Many of the shows are similar to talk shows where the hosts focus on a certain subject and have callers comment or bring up things related to that issue.

“You have to be careful about what you say during the show because people will call and try to get you to talk about controversial or tricky issues,” Lewis said. The marathon will also be helpful for TSTV’s advertising department as there are more opportunities for advertisers to market their products since the shows run all day. Many of the advertisers are affiliated with UT, such as MunchyMart, an online convenience store started by two UT students, and Milto’s Mediterranean Cafe, a restaurant near campus. “We’ve already increased our number of advertisers in just one day, and we’ve had a lot of social media attention,” said Morgan Williams, as-

sistant TSTV marketing director and journalism junior. “We really try to help marketers by doing things such as creating the videos that will air on TV for them.” Most of the shows airing during the marathon are test runs for the fall. They are all written by TSTV members, although the slots are open to any student interested in doing a show. “The marathon is definitely going to bring more publicity to TSTV, which we have already seen in Twitter,” said Steven Zurita, TSTV station manager and radio-television-film senior. “Being on 24 hours forces us to be really creative and try new shows like a pie-eating show.”



Photo courtesy of Texas Student Television

TEXAS STUDENT MEDIA

KVRX
Student-run KVRX 91.7 FM is the consummate source for indie and underrepresented music. The student-produced programming lets students write and produce news content as well as determine song lineups during shows. KVRX airs from 7 p.m. to 9 a.m. on weekdays and 10 p.m. to 9 a.m. on weekends and it streams live online 24/7. Online: kvrx.org

TSTV
Texas Student Television is the nation’s only student-run, FCC-licensed television station. TSTV’s over-the-air signal reaches homes in central and east Austin 24 hours a day, seven days a week, where students get a chance to take their TV ideas to the screen. Online: texasstudenttv.com

TEXAS TRAVESTY
The Texas Travesty is the largest college humor publication in the nation. It is published by students once in the summer and three times each spring and fall semester. Students who work for the Travesty are able to write and publish relatively uninhibited, humorous content. Online: texastravesty.com

CACTUS YEARBOOK
The Cactus Yearbook, which has been publish-

ing since UT’s beginning, is produced by students and is the only print pictorial record of the year at the university. Working for the Cactus allows students to develop an array of publication skills. Online: cactusyearbook.com

TSM ADVERTISING/SALES
The TSM sales department gives students the opportunity to hone their sales skills by selling advertising or all Texas Student Media entities. This encompasses print, radio, TV and online advertisements. Online: utexas.edu/tsm and advertise@texasstudentmedia.com

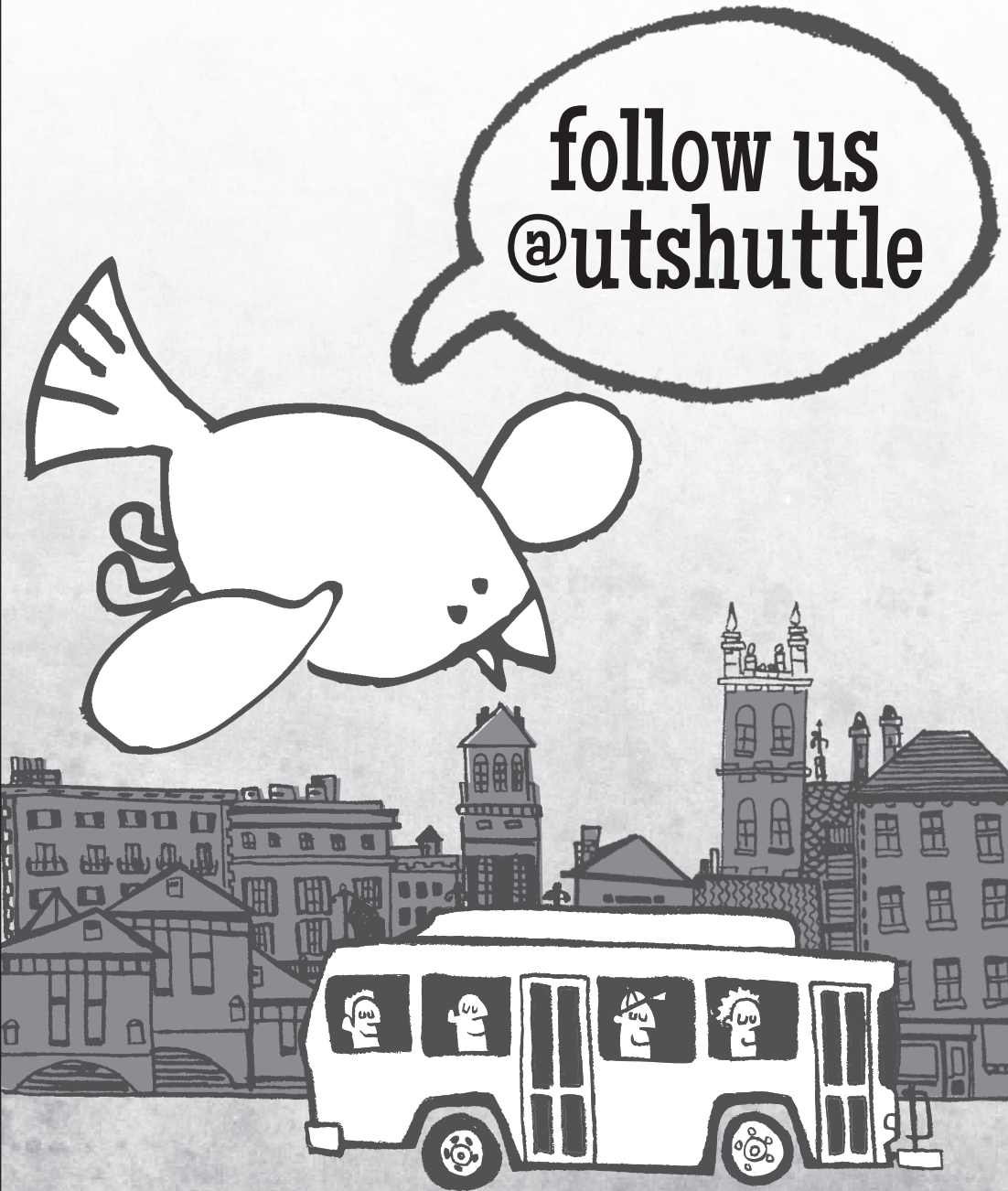
THE DAILY TEXAN
The Daily Texan has served the university community as the students’ newspaper for more than 100 years. The award-winning publication keeps students in the know with local and university news, sports, entertainment and student-life related coverage. It also provides writing, reporting, photography, design and artistic opportunities for students of all majors. Online: dailytexanonline.com

Check out each group’s websites for information on how to join.

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